

EPFO-IPPB join hands to ease DLC services for pensioners

HIMALAYAN MAIL NEWS
JAMMU, OCT 07

With a view to facilitating pensioners in the Union Territories of Jammu & Kashmir and Ladakh and ensuring timely updation of their Digital Life Certificates (Jeevan Praman Patra), a meeting was held between Sh. Sumeet Singh, Regional P.F. Commissioner-I, EPFO, Regional Office, Jammu and Sh. Rajeev Kumar, Chief Manager & Circle Head, IPPB, J&K & Ladakh Circle,

The meeting focused on strengthening coordination between the two organisations and facilitating pensioners, particularly those residing in far-flung and remote areas, in submission/updation of their Digital Life Certificates.

Under the facilitation mechanism discussed, pensioners can avail the facility of updating their Digital Life Certificate through



their nearest India Post Payments Bank branch. The facility can also be accessed through Grameen Dak Sevaks (GDS), thereby enabling pensioners residing in remote and rural areas to obtain the service closer to their places of residence.

EPFO pensioners can update their life certificates online through Jeevan Pramaan App on their mobile

phones. The pensioners can also avail the facility of updating their Life Certificates during the "Nidhi Aapke Nikat 2.0" camps organised by EPFO on the 27th of every month at designated locations.

To further facilitate pensioners, EPFO Regional Office, Jammu has established a dedicated window for assistance relating to Digital Life Certificates.

Pensioners who face difficulty in updating their DLC may contact the Regional Office

at ro.jammu@epfindia.gov.in. Upon receipt of such requests, EPFO, Regional Office Jammu will facilitate the pensioner by deputing a team, wherever required, for providing assistance in updating the Digital Life Certificate.

The meeting was also attended by Sh. Abilash, Manager, India Post Payments Bank, Sh. Pritpal Singh, Assistant Section Officer, EPFO along with other officials of EPFO, Regional Office, Jammu.

The coordinated efforts of EPFO and India Post Payments Bank are aimed at bringing pension-related services closer to pensioners and ensuring seamless, accessible and hassle-free updation of Digital Life Certificates across the UTs of Jammu & Kashmir and Ladakh.

DIET Kud hosts district-level Folk Dance

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District Institute of Education and Training (DIET) Kud today organized the District-Level Folk Dance and Role Play Competition 2026 at DIET Kud, with participation from 22 teams representing all 11 educational zones of Udhampur district.

The competition was organized under the National Population Education Project (NPEP) and Adolescent Health themes under the guidance of Principal DIET Kud, Smt. Irvinder Kour. Dr. Jagdish Chander Mehra (JKAS), Joint Director School Education, Udhampur-Reasi Range, was the chief guest. He highlighted the role of cultural activities in the overall personality development of students and their positive



impact on academic excellence.

An expert panel comprising Shamsher Singh, Principal HSS Damnot, Mohan Lal, Principal HSS Mongri, and Anu Sharma, HOD, judged the performances.

In Role Play, HSS Tikri and HS Jakhar emerged winners, while HSS Khoon

(Zone Babey) and HS Chatarari (Zone Dudu) won the Folk Dance category. The winning teams will represent Udhampur district at the Divisional Level.

The event was coordinated by District Nodal Officers Sujata Gupta, HOD DIET, and Farooq Shaan,

Senior Lecturer, Shaguna Khajuria and Vandana Mahajan anchored the programme.

Principal DIET Kud Irvinder Kour congratulated the winners and appreciated the efforts of Zonal Coordinators and faculty members in making the event successful.

Sakeena Itoo stresses skill development, demand-driven courses for youth



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The Government Degree College (GDC) D H Pora, today organized a programme on the theme "From Campus to Career", with Minister for Education, Social Welfare, Health and Medical Education, Sakeena Itoo as the chief guest.

Commissioner Secretary Education, Ram Niwas Sharma, Secretary in

Higher Education Shafqat Iqbal, Director Colleges, Dr. Twinkle Suri and Nodal Principal Kashmir Division Colleges Dr. Seema Naz also attended the programme.

The programme commenced with a plantation drive inaugurated by the Minister in presence of Commissioner Secretary and other officers and students.

Sakeena Itoo appreciated the efforts of the

college in advancing the skill based education in the area. She emphasised focused attention on creating skilled human resource and the need for introducing demand-driven subjects and courses to enhance opportunities and enrolment in the college.

The Minister advised the students to channelize their energies in the right direction and focus on enhancing their skills, which would enable

them to navigate the challenges of life with confidence. She emphasized that youth is the most productive phase of life and should be utilized for learning, innovation and self-development. She urged them to stay away from distractions, work with discipline and determination and contribute positively towards nation building.

The Commissioner Secretary exhorted the students to draw inspiration from the dignitaries present on the dais and emphasized the importance of treading the path of hard work to build successful careers.

Encouraging the female students in particular, he urged them to galvanize themselves by looking at the three eminent women achievers on the presidium as live symbols of women empowerment.

He informed that a proposal for creation of a dedicated Music Department in the college shall be submitted to the Government.

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As part of the nationwide 'Seva Sankalp Abhiyan', being organised to commemorate the completion of 25 years of Prime Minister Shri Narendra Modi's public life and dedicated service to the nation, the Bharatiya Janata Party (BJP) District Ramban organised a 'Viksit Bharat Sankalp Sabha' here today.

During the programme, Prime Minister Narendra Modi addressed the gathering virtually and shared his journey of 25 years in public life, his unwavering commitment to public service and his vision of building a 'Viksit Bharat'. BJP workers and local residents listened to the Prime Minister's address with great enthusiasm and reaffirmed their resolve to contribute collectively towards nation-building and the realisation of a developed India.

Following the Prime Minister's address, a 'Seva Jyoti Yatra' was taken out under the leadership of BJP District Ramban President Neelam Langhe, with BJP Jammu & Kashmir General Secretary and former Deputy Mayor Jammu, Baldev Singh



Billawaria, attending the programme as the chief guest. The yatra commenced from the main market of Ramban, passed through various areas and culminated at Karol Chowk, Maitra.

The yatra witnessed enthusiastic participation from BJP workers and local residents, carrying the message of seva, dedication and commitment towards the nation among the people.

The programme aimed to take the spirit of public service to every section of society and strengthen the collective resolve towards public welfare and nation-building under the leadership of Prime Minister Narendra Modi.

Addressing the gathering, Baldev Singh Billawaria said that Prime Minister Narendra Modi's

25 years in public life represent an inspiring journey of service, dedication, sacrifice and an unwavering commitment to nation-building. He said the 'Seva Jyoti Yatra' symbolises the resolve to take the inspiration of this remarkable journey to every section of society and further strengthen the culture of public service at the grassroots level.

Billawaria said that under the decisive leadership of Prime Minister Narendra Modi, India has undergone a significant transformation and emerged as a confident, progressive and globally respected nation. He said the country's remarkable growth in infrastructure, economy, technology and human development has strengthened the confidence of every Indian and

placed India among the leading economies of the world.

Referring to the security challenges faced by Jammu & Kashmir, Billawaria said that the people of the Union Territory had suffered the pain of Pakistan-sponsored terrorism and violence for decades, but their faith in the unity, integrity and sovereignty of the nation never weakened. He said that from the Surgical Strikes to Operation Sindoor, India has demonstrated its firm and decisive policy against terrorism, making it clear that there will be no compromise with the country's security, sovereignty and national integrity.

He said that under the leadership of Prime Minister Narendra Modi, Jammu & Kashmir is steadily moving towards peace, development and progress, while the nation's resolve to confront terrorism has become stronger than ever.

Billawaria further said that over the past decade, India has witnessed remarkable progress in economic development, infrastructure, employment opportunities, skill development and youth empowerment.

INDIA Block parties take out massive Save Democracy, march in Jammu, burn effigy of CEC

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INDIA Block parties today took out a massive joint "Save Democracy Protest March in Jammu and burnt the effigy of CEC Gyanesh Kumar, seeking his resignation and pressed for other demands of opposition to protect the precious right to vote of every citizen – "Vote Bachao- Desh Bachao"

Senior leaders of Congress, NC, PDP and CPM including District Units of Jammu Urban and Jammu Rural besides Mahila Wing and other frontal wings took part in the march which started from Girdhari Lal Dogra Chowk to Dr. Ambedkar Chowk Gandhinagar Jammu, Carrying banner of INDIA Block to "Save Democracy" "Vote Bachao- Desh Bachao", the protestors raised slogans against Modi Govt, BJP and CEC Gyanesh Kumar seeking his resignation & registration of FIR for the arbitrary and illegal removal of over 13 Cr voters at the behest of ModiGovt.

The protestors burnt the effigy of CEC Gyanesh Kumar and raised slogans against Prime

Minister Modi and Home Minister Amit Shah.

Similar protests were also organized by the respective district units of the INDIA alliance parties in Kathua, Udhampur and Kishtwar in which senior leaders of con-

gress, NC, PDP and CPM took part.

The protestors sung the national Anthem and read out Article 326 of the Constitution of India which guarantees right to vote to every eligible Adult citizen.

Senior leaders of participating parties addressed the gathering at Ambedkar Chowk terming it an attack on the very fundamental of democracy eliminating the right to vote by the CEC on the directions of Prime Minister and Home Minister.

Addressing the gathering Working President of JKPC Shri Raman Bhalla lashed out at CEC who is acting on the behest of Modi-Shah in the process of Vote Chori and removal of 13 Cr. voters. He sought removal of the CEC and his prosecution besides conceding other genuine demands of INDIA Block for safeguarding right to Vote.

He said that the struggle launched by Leader of Opposition (LOP) Shri Rahul Gandhi has been established now that the BJP and CEC are destroying democracy and depriving the citizen of their precious right to vote.

Former Minister & Additional General Secretary NC Shri Ajay Sadhotra hit out at the CEC and BJP Govt. for destroying democratic culture and for Vote Chori and removal of over 13 Cr. voters from the voter list. He said INDIA Block shall continue its



struggle for democracy and right to vote.

Former Minister & DCC President of Jammu Urban Shri Yogesh Sawhney lashed out the CEC and BJP for hijacking he electoral system in the country and indulging in Vote Chori and removing eligible voters.

NC Provincial President Rattan Lal Gupta described it as an biggest attack on democracy and said that until CEC is removed and system is streamlined, the democracy is lost. The INDIA Block is determined to save Right to Vote in the country.

Former Minister and Senior Leader Mula Ram also strongly criticized the BJP and Modi Govt. for the misuse of CEC and pledged for a decisive battle to save democracy.

PDP leaders Rajinder Manhas, Sat Pal Charak, Virinder Sonu lashed out at Modi Govt. for using the CEC to hijack the

electoral system and voter elimination. He said that this fight of INDIA Block is to safeguard the democracy, which has been hijacked and destroyed by BJP.

CPM leaders Com. Hari Singh, Kishore Kumar, Om Parkash and others too addressed the media and severally criticized CEC and BJP for destroying the largest democracy in the country.

DCC Jammu Rural President Neeraj Kundan termed the movement of INDIA Block parties as another struggle for democracy in the country, which has been hijacked in the country by Prime Minister Narinder Modi.

Chief Spokesperson JKPC Ravinder Sharma read out Article 326 of the Constitution amongst the gathering at Ambedkar Chowk. Several senior leaders of Constituent parties took part in the protest march

Prominent among them include Former Legislators Ved Mahajan, Dr.Manohar Lal Sharma (INC), Sheikh Bashir),Babu Rampal, Vimla Luthra, Dapinder Kour(NC), Senior leaders Th.Manmohan Singh, Amrit Bali, Satish Sharma, Vijay Sharma, Ajay Lakhotra(Congress), Jatinder Raina, Dwarka Choudhary, Kapil Singh, Neeraj Gupta, Rajiv Saraf, Varinder Manhas, Vijayant Pathania, Sohail Sharma, Sat Pal Sapolia, Pradeep Bhalla, Aman Sharma , Sahil , Gurmeet Singh, Yash Pal Sharma, Ram Magotra, Rakesh Sharma, Surinder Sharma, Raj Kumar, Sanjeev Katta, Bushan Kumar, Nageshwar Naryan, Ashok Sharma, Yash Pal Sangral, Raj Kumar Meenia, Suresh Kumar, Som Sharma, Tilak Raj Kalotra, Prem, Madhu, Suresh Magotra, Sahil Shooter, Gagan Bral, Ashok Talk, Jaipal, Sikander Khan, Madhiba Raj,

Rashid, Prem Sharma, Sunny, Vinod Sharma and others.

Senior NC leaders Ayub Malik, Vijay Lochan, Abdul Gani Teli, S.Tejinder Pal Singh Provincial President YNC, Rajni Devi Working President Women Wing,Nar Singh President Labor Wing, Ankush Abrol Provincial Joint Secretary Jammu, Harshvardhan Singh President NCSU, Rakesh Singh Raka Vice President Central Zone, Chander Mohan Sharma District President Jammu Urban, Subash Bhagat District President Jammu Rural Nareish Bittu District President Jammu Rural B, Dilshad Malik, Rita Gupta Vice Presidents Central Zone, Dr Vikas Secretary Central Zone, Sewak Singh District Vice President Jammu Urban,S. Gurnam Singh District Secretary Jammu Urban, Harminder Singh, Zamir Qureshi ,Hari Singh,om parkash,

Kishore Kumar,jagdish Kumar, Mujafar Wani Romesh kumar, Mandev Singh (NC), besides PDP leaders K.K. Sharma, Harmesh Slathia, S. Peter, Praveen Khan, Chatter Singh Saini, Sunil Bhat, D.K. Majotra , Rajinder Manhas, Satpal Charak both general secretary, Varinder Singh Sonu spokes person and distt. President Jammu, kk Sharma, harmesh Slathia, Mr. Peter, Parveen khan Sunil Bhat, DK Mangotra, chatter Saini(PDP), Senior leaders Jagdish Kumar, Muzaffar Wani, Ramesh Ku-

mar, Mandev Singh were prominent who took part in the protest.

Similar protests of INDIA Block also held at Kathua, Udhampur and and Kishtwar in which senior leaders and District Presidents of different parties took part and raised slogans against Modi Govt, BJP and CEC Gyanesh Kumar, seeking resignation of CEC.

At Kathua, EX-MP Ch. Lal Singh, Subash Gupta EX-MLC, Hari Singh Chib, EX-MLA Sagar Chand, Shashi Sharma, DCC President Pankaj Dogra,K.K. Bakshi, Ajit Sharma, Sham Lal of NC, Vishal Kumar (PDP), ID Khajuria, Banarsi Dass, Santosh Khajuria (CPM), Rakersh Choudhary,Rovin Sharma, Sanjay Rahdhan, Narindert Khajuria, Ravinder Singh, Arun Mehta, Raman Thapa took part.

At Udhampur Th. Balbir Singh Ex-MLA , Krishan Bhagat Ex-MLA, DCC President Sumit , Magotra, Dist. President NC Sunil Verma and Senior PDP leaders Aijaz Sumbria, and others were prominent who led the march.

At Kishtwar Shri G.M. Saroori Ex-Minister, DCC President Pyare Lal Shan, NC leader Tanveer Ahmed Kichloo, Imtiyaz Ahmed, Mohinder Singh, Mushtaq Ahmed, PDP leaders Ishtiyak Ahmed Waza besides Sheikh Ishyat, Shabir Lone, Mohd Iqbal, and Biddya Lal were the prominent