

Soniya Bansal join the 'Malamaal Weekly 2' cast



Soniya Bansal, who has been working across Hindi and Telugu films, web series, music videos and reality television, has joined the cast of Malamaal Weekly 2. The film is likely to go on floors in November. Amit Joshi, who directed Teri Baaton Mein Aisa Uljha Jiya, will be directing the film. The film stars Parineeti Chopra, Raveena Tandon, Shilpa Shirodkar, Elvish Yadav, Fardeen Khan and Mahesh Manjrekar. The newest additions to the cast are Esha Deol and Soniya Bansal.

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From films like Naughty Gang, Game 100 Crore Ka, Dubki and Dheera to the web series Shoorveer, Soniya has gained nationwide popularity after her stint on Bigg Boss 17 and her international red carpet debut at the Cannes Film Festival for her indie project The Last Breath.

On Janmashtami, Angad Hasija, Aadesh Chaudhary, Adrija Roy and others share the Krishna teachings that inspire them

Krishna has been loved and admired for the many roles he played—from the mischievous Bal Leela and the compassionate friend to the wise mediator and the skilled charioteer. He was adored in his many forms, each reflecting a different facet of his personality and wisdom.

As we celebrate his birth this Janmashtami, it offers an opportunity to reflect on the timeless teachings and values he stood for.

From focusing on one's actions and finding balance to staying hopeful, standing by one's principles and embracing different roles in life, Krishna's wisdom continues to inspire generations. This Janmashtami, actors share the Krishna teachings that resonate with them and how these lessons continue to shape their personal and professional journey.

Janmashtami always reminds me of Krishna's teaching that we should focus on our actions rather than constantly worrying about the results. I think this is especially important in an actor's life because our work is often judged by ratings, reviews, audience reactions and the success of a project. I have learnt that I cannot control all of that. What I can control is how sincerely I prepare for a role and how honestly I perform it. Janmashtami gives me a chance to reflect on this teaching. Success should make us grateful, while failure should make us wiser, not bitter.

Balancing act: Aadesh Chaudhary



During Janmashtami, when we remember Krishna's life and teachings, I often think about the importance of balance. For me, balance at this stage of my life means being ambitious without becoming obsessed with achievements. Janmashtami reminds me that life is

not only about one responsibility or one goal. There are relationships, family, personal happiness and inner peace as well. I believe contentment and ambition can exist together. You can be thankful for what you have while still working towards what you want.

Niti Taylor faces backlash over remarks on women liking 'dominant' and 'aggressive' men

Actress Niti Taylor is facing backlash after remarks she made during an interview about women being drawn to dominant and aggressive men went viral, with many accusing her of normalising unhealthy relationship dynamics.

Speaking to Galatta India about the enduring popularity of her show Kaisi Yeh Yaariaan and her on-screen pairing with Parth Samthaan, Taylor said, "Every girl is a Nandini. A girl doesn't want a sweet guy. They always want a little dominating, a little harsh. They all like bad boys because we like it when they shout a little or take charge, when they show their love in a somewhat crazy way. What would we even do with someone who is just sweet?"

The reaction online was swift and divided. "Pathetic. She is pathetic," wrote one user. Another added, "For all the young, impressionable minds watching this — please don't fall for this romanticism. Being in a toxic relationship has far reaching consequences on your physical and mental health." Several others pushed back on the generalisation, with comments like "Not all girls. Please don't generalise" and "Who's the 'we' here?"

Not everyone agreed she was in the wrong. A section of viewers argued that the viral clip had been deliberately edited to remove context, pointing out that Taylor was speaking specifically about her fictional character Nandini and her dynamic with Manik Malhotra, not making a blanket statement about all women. "She was answering from Nandini's perspective," one user wrote.

Taylor was last seen on the Prime Video reality show Alliance.



Lessons for life: the people who inspired these actors

If you are a learner, inspiration can come from anywhere and anyone. A fictional character, a family member, a colleague, a spiritual figure, a book, or even a place can leave a lasting impression and teach us something about life. This Teacher's Day, actors reflect on the people and personalities they have looked up to, the lessons they have carried with them, and the unexpected sources that have shaped who they are today.

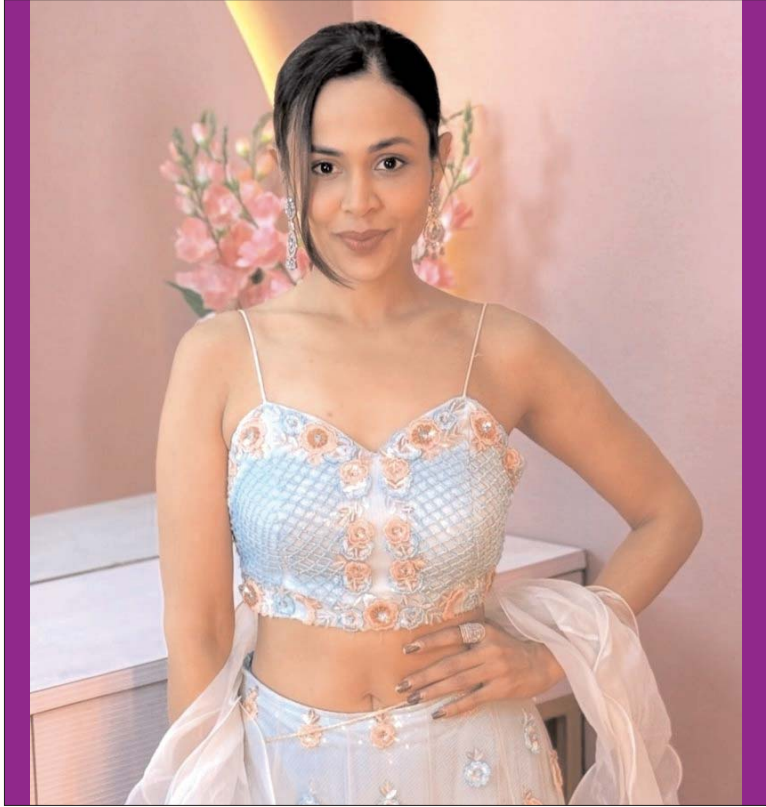
The fictional character who has inspired me the most is Geet from Jab We Met. Her dialogue, "I don't want to blame anyone for where I am today. I want to be the person that I am just because of my own decisions," is something I strictly follow.

The only teacher in my life who has changed my life 360 degrees is my grandmother, Manjula Das Gupta. I look up to her because she is the one who believed in my potential and abilities and taught me how to lead life. She was my finest critic and helped me improve as an individual and as a human being. She was a big risk-taker and made her own name in the West Bengal playback industry. She managed to be a fantastic mother, grandmother and friend. Till her last breath, she was very loyal and never complained about anything in life. I am nowhere close to her, but I am trying to be a little bit like her.

Keep faith: Arhaan Khan

My father has been the most inspirational teacher in my life, not because he has always had an answer for me, but because he has taught me how to find my own answers. He has been my hero in the truest sense—the person I have looked up to, leaned on, and learned from through every phase of my life. If I had to define the greatest lesson my father has given me, it would be this: life will have its highs, its lows, its surprises and its lessons, but you should never let one chapter define the whole story.

Divine path: Gauri Jain When I think about the most inspirational teacher in my life, the first name that comes to my mind is Hanuman Ji. For me, He is not only a divine figure whom I worship, but also a life-



long teacher whose qualities have deeply influenced the way I look at life, spirituality and my work as an astrologer. Hanuman Ji teaches me that when our faith is strong, even the most difficult circumstances can be faced with courage.

Priyanka Chopra turns a vintage Banarasi silk sari into a sculptural, high-fashion masterpiece, proving heritage fabrics can be every bit as striking as couture.