

Janmashtami celebrated with religious fervour, devotion in Poonch

HIMALAYAN MAIL NEWS
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Shri Krishna Janmashtami, commemorating the birth of Lord Krishna, was celebrated with great religious fervour, devotion and enthusiasm across Poonch district the other day.

The main celebration, held at Shree Geeta Bhavan, was attended by Deputy Commissioner Ashok Kumar Sharma, Senior Superintendent of Police Shafkat Hussain Bhat, Additional Superintendent of Police Ajay Sharma and Assistant Commissioner Revenue Muhammad Sayeed along with other district officials, prominent citizens, religious leaders and a large number of devotees.

A grand Shobha Yatra was also taken out from Shree Geeta Bhavan, featuring colourful tableaux and traditional performances depicting the rich cultural heritage and devotion associated with Lord Krishna. The Shobha Yatra passed through the main streets of Poonch city and witnessed the participation of thousands of devotees.



Addressing the gathering at Geeta Bhavan, the Deputy Commissioner extended warm greetings to the people on the auspicious occasion of Janmashtami. He highlighted the life, teachings and ideals of Lord Shri Krishna and urged people to draw inspiration from his

message of righteousness, duty and devotion.

The Senior Superintendent of Police also addressed the gathering and appreciated the peaceful, joyous and devotional atmosphere prevailing during the celebrations.

On the auspicious occasion, the dignitaries also

released a book highlighting the rich values, traditions and teachings of Sanatan Dharma.

The District Administration also felicitated retired Labour Officer Chander Parkash Khajuria in recognition of his valuable religious and social service.

Teachers' Day celebrations held across Doda

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Teachers' Day was celebrated with great enthusiasm across district Doda today to commemorate the birth anniversary of Dr. Sarvepalli Radhakrishnan, eminent philosopher, educationist and former President of India.

The district-level function was organised here at Government Girls Higher Secondary School, with District Development Commissioner Krishan Lal as the Chief Guest. Chief Planning Officer Manesh Kumar was the Guest of Honour, while DySP Traffic Shoket Ali Beig was the Special Guest.

The event witnessed the participation of senior officers, retired officers and officials of the School Education Department, besides heads of educational institutions, teachers and students.

The programme featured cultural presentations, speeches and other activities highlighting the vital role of teachers in shaping young minds, inculcating values and contributing towards nation-building.

Students expressed their gratitude and respect for their teachers through heartfelt



speeches and cultural performances, adding colour and warmth to the celebrations.

The Chief Guest appreciated the dedication and commitment of the teaching fraternity towards imparting quality education and ensuring the holistic development of students. He emphasised that teachers play a pivotal role in nurturing responsible citizens, instilling ethical values and strengthening the foundations of a progressive society.

On the occasion, the valuable contribution and dedicated services of re-

tired officers and officials of the Education Department were also acknowledged. The dignitaries appreciated their role in strengthening the education system and contributing to the development of the sector.

Similar Teachers' Day programmes were organised at educational institutions across the district, witnessing enthusiastic participation from students and staff.

Meanwhile, the Teachers' Day was celebrated at Government Girls High School Pul Doda to honour the invaluable contri-

bution of teachers in shaping the future of students and society.

The programme was organised under the guidance of Incharge Headmaster Indu Bhushan, in presence of teaching staff and students. Students participated enthusiastically in the celebrations and expressed gratitude and respect towards their teachers through a variety of activities.

The students also presented a colourful cultural programme featuring a range of performances that added vibrancy to the celebrations.

GCW Parade celebrates Teachers' Day

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The Student Welfare Committee, Government College for Women (GCW), Parade Ground today celebrated Teachers' Day with great enthusiasm and reverence. The programme was organised to honor the dedication, commitment and invaluable contribution of teachers in shaping the future of students and society.

The celebration commenced with the ceremonial lighting of the lamp by Principal of the college Dr. Naveen Anand, faculty members and members of the Student Welfare Com-



mittee. A melodious Saraswati Vandana presented by the students followed the lamp-lighting ceremony. The students expressed heartfelt appreciation for the guidance, encourage-

ment and unwavering support provided by their teachers.

Addressing the gathering, the College Principal emphasized the pivotal role of teachers in nation-building and encouraged

students to imbibe the values of dedication, discipline and lifelong learning. He appreciated Dean Student Welfare, Dr Seema Malpotra and committee members for organising the event.

LIC Felicitates BSF Personnel at Suchetgarh

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Marking its 70 years of service to the nation, the Life Insurance Corporation of India (LIC) felicitated officers and jawans of the Border Security Force (BSF) at Suchetgarh, saluting their courage, dedication and unwavering commitment to guarding the nation's borders.

A LIC team led by State Head Nidhey Gupta and Manager (Sales) R.K. Nagar, accompanied by officials and associates of the R.S. Pura Branch, visited Suchetgarh and honoured BSF personnel as a mark of gratitude for their exemplary service.

Addressing the gathering, Nidhey Gupta lauded the BSF personnel for performing their duties with discipline and determination despite challenging



conditions. He said LIC's seven decades of service to the financial security of Indians and the BSF's steadfast role in securing the nation's frontiers reflected a shared commitment to nation-building and public service.

R.K. Nagar also expressed gratitude to the BSF personnel, describing their dedication and sacrifices as an inspiration for every citizen.

The programme underscored the spirit of "Nation First", bringing together

LIC's 70-year journey of trust and service with the BSF's commitment to protecting the country's security and integrity.

Sanjeev Gupta, Gurdev Lal, Ajit Kumar, Daleep Kumar, Jasbir Singh and Vishav were also present.

Jammu College of Physiotherapy Marks World Physiotherapy Week

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As part of World Physiotherapy Week celebrations, Jammu College of Physiotherapy today organised a Fireless Cooking Competition in which students from various professional years prepared nutritious, no-cook dishes aligned with this year's global theme: physiotherapy, physical activity and cardiovascular health.

Participants designed fireless recipes that are safe and suitable for people with cardiovascular conditions, emphasising low saturated fat, controlled salt and high fibre-key dietary principles in cardiac prevention and rehabilitation.

Dr Pooja adjudged the competition, evaluating entries on nutritional value, creativity, presentation and relevance to



heart health.

Dr Navinderpal Singh, Principal, appreciated the students' efforts and congratulated the organising committee for conducting such

theme-based, skill-building activities. He also thanked Suman Sharma, Chairperson of the College, for her continued support and encouragement.

The event formed part

of a series of World Physiotherapy Week activities highlighting the role of physiotherapists in cardiovascular and stroke prevention, management and rehabilitation.

20th Scientific Advisory Committee meeting of KVK Bandipora held

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The 20th Scientific Advisory Committee (SAC) Meeting of Krishi Vigyan Kendra (KVK) Bandipora-1, SKUAST-Kashmir, was held today at KVK Bandipora-1 under the chairmanship of Prof. (Dr.) Nazir Ahmad Ganai, Vice-Chancellor, SKUAST-Kashmir.

Deputy Commissioner, Bandipora, Indu Kanwal Chib attended the meeting as the Guest of Honour. Prof. Raihana Habib Kanth, Director Extension, SKUAST-Kashmir, graced the occasion and participated in the deliberations of the SAC meeting.

In his address, Prof. (Dr.) Nazir Ahmad Ganai, appreciated the efforts of KVK Bandipora-1 in implementing farmer-oriented extension programmes and emphasized the need for strengthening technology dissemination, promoting innovative and climate-resilient agricultural practices, and focusing on interventions aimed at enhancing farm income and improving farmers' livelihoods.

Deputy Commissioner, Bandipora, appreciated the efforts of KVK Bandipora-1 in promoting agricultural development in the district. She particularly appreciated the KVK's initiatives in aquatic crop cultivation, including Lotus, Water Chestnut and Makhana, and highlighted their potential for agricultural diversification and productive utilization of available water resources. She emphasized continued coordination between KVK Bandipora-1 and the district administration for strengthening farmer-oriented initiatives.

Director Extension, SKUAST-



Kashmir, emphasized the importance of need-based extension programmes, field demonstrations, capacity building and effective farmer-scientist interaction. She stressed the need for aligning the activities of KVK Bandipora-1 with the emerging technological and production requirements of the farming community.

Dr. Tariq Sultan, Programme Coordinator, KVK Bandipora-1, highlighted the proposed thrust areas, including crop diversification, aquatic agriculture, horticulture, protected cultivation, value addition, technology demonstrations, farmer training and capacity building. He also apprised the Committee of the ongoing initiatives and proposed programmes of the KVK.

Earlier, a presentation on the Annual Progress Report 2025-26, highlighting the major activities and achievements of KVK Bandipora-1 during the year was presented. This was followed by the presentation of the Action Plan by Dr. Tariq Sultan, Programme Coordinator, KVK Bandipora-1, outlining the proposed programmes and priority areas for the forthcoming period.

The progressive farmers participating in the meeting shared their field-level experiences, observations and suggestions regarding agricultural production and emerging challenges in the district. Their inputs were considered during the discussions on future extension priorities and interventions of KVK Bandipora-1.