



Shiv Khori yatra suspended

Amid heavy rain forecast by IMD, the authorities have also temporarily suspended Shiv Khori yatra in Reasi district of Jammu. Shri Amarnathji yatra and Mata Vaishno Devi yatra were suspended yesterday for the safety of pilgrims.

According to officials, pilgrimage to Shiv Khori shrine was also suspended following the weather advisory.

The authorities concerned advised devotees to postpone their travel until further notice, citing safety concerns.

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Pak drone recovered from Purmandal

A suspected Pak drone was recovered by troops of Territorial Army from a field at Purmandal, Samba, late last night, marking the second such recovery in the border district within a week.

According to officials, TA personnel seized the drone from Sangar fields of Purmandal during routine patrolling.

A massive search opera

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2 detained for 'obscene act' near Bhawan

Two persons, including a juvenile, have been detained for their alleged involvement in an obscene act near the holy cave shrine of Mata Vaishno Devi in Trikuta hills of Katra.

Officials said the action against the accused followed a viral video showing two couples engaged in obscene and inappropriate acts near the Bhawan market area, which received wide condemnation.

The Bhawan police station received a complaint in this regard on July 17. It was alleged that two

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NEET-UG NTA warns against AI-generated OMR sheets

NEW DELHI, JUL 19: The National Testing Agency (NTA) has issued an advisory to NEET-UG 2026 candidates and their parents, warning them not to submit fake or AI-generated OMR sheets when raising complaints about score discrepancies.

The warning comes after the NTA reviewed several complaints regarding differences between the candidates' expected and declared NEET 2026 scores. During the verification process, the agency found

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Jitendra calls for public movement against lifestyle diseases



NEW DELHI, JUL 19: Calling for a nationwide people's movement against cancer, diabetes, obesity and other lifestyle diseases, Union Minister Jitendra Singh today said that India's response to the growing burden of Cancer, Diabetes, obesity and other non-com

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Sonam Wangchuk's Wife Moves Delhi HC To Shift Activist From Safdarjung Hospital

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Adrija Roy on avoiding typecasting: "I want to surprise myself and the audience"

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Heavy rains lash Poonch-Rajouri belt

11 killed, several missing as flash floods, landslides wreak havoc

Admin on high alert as LG reviews relief, rescue operations

BHARAT BHUSHAN
JAMMU, JUL 19

A day after IMD predicted active monsoon conditions across J&K for the next 6-7 days, heavy to extremely heavy rains wreaked havoc today in the twin border districts of Poonch & Rajouri in Jammu region, triggering flash floods and landslides that claimed at least 11 lives while several were reported missing.

The situation prompted a multi-agency rescue operation. LG Manoj Sinha reviewed relief & rescue operations while the administration was put on high alert.

Chief Minister Omar Abdullah, who was in New Delhi to lead the statehood protest scheduled to be held



at Jantar Mantar on July 20, cut short his stay in the Union Capital and flew back to Jammu to personally monitor the worsening situation.

While the relentless downpours tore through several Rajouri & Poonch areas, the worst devastation

was reported from Lower Murrah in Surankote, Poonch, where floodwaters and landslide debris swept through residential areas, burying houses and trapping families. Most of the fatalities occurred there.

Emergency responders were the first to start the

Omar cuts short Delhi stay to personally monitor situation

torrential rains struck a house in Lower Murrah village early in the morning, burying all eight occupants under the debris, officials said.

While bodies of five persons, including that of two-year-old Sofian Yasar, were retrieved from the debris, a search operation was continuing to trace the remaining missing persons, officials said.

Four members of another family were reported missing after their house was washed away by flash floods at Sangla. According to officials, those missing included Abdul Hameed, his wife Sharifa Begum, daughter Areeba and sister Manira Begum.

28-year-old Nazia Kousar was killed after her house collapsed in Noonabandi village. Her husband Mo

A landslide triggered by

Azad expresses anguish over cloudburst, flood tragedy

NEW DELHI, JUL 19: Former Chief Minister Ghulam Nabi Azad has expressed deep anguish over the tragic loss of lives and widespread devastation caused by the cloudburst and flash floods in J&K, particularly in Rajouri and Poonch.

"The scale of destruction has left the entire region in grief," he said.

Azad extended his heartfelt condolences to the bereaved families and prayed for the speedy recovery of those injured. He also expressed solidarity with

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Govt defends inviting rebel TMC MPs

NEW DELHI, JUL 19: After protests by the opposition, the government on Sunday defended the invitation extended to rebel TMC MPs, who had joined little-known NCPI, to an all-party meet, saying they cannot be ignored as they have petitioned the Lok Sabha Speaker for recognition and separate seats.

Parliamentary Affairs Minister Kiren Rijiju also said that the people of the country want smooth functioning of Parliament and "not any turmoil" in the House, while urging all parties to "give their posi

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Army Commander visits Ladakh frontline



Himalayan Mail News
LEH, JUL 19

Lt Gen Pratik Sharma, GOC-in-C, Northern Command, today visited a frontline division in Ladakh and asked troops to train harder and remain resolute in overcoming every challenge with unwavering determination.

During his visit, he inter

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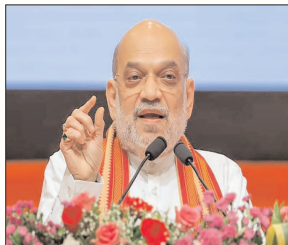
Shah speaks to LG, CM; reviews J&K flood situation

NEW DELHI, JUL 19: Union Home Minister Amit Shah today engaged in a high-level discussion with J&K LG Manoj Sinha and Chief Minister Omar Abdullah to review the flood situation triggered by incessant rains.

Following reports of flash floods in Rajouri & Poonch districts, Shah, who is on a three-day visit to West Bengal, reached out to the administration of the Union Territory to coordinate regarding the emergency relief and response measures.

Shah, in a post on X, ensured all possible help from the central government for the safety and security of the affected people. "Spoke with the lieutenant governor of Jammu & Kashmir, Manoj Sinha, and Chief Minister Omar Abdullah regarding the situation caused by heavy rainfall and assured them of all possible assistance from the central government," he wrote.

Deputy Commissioner



Abhishek Sharma stated, "Two persons were safely rescued from the river at Muradpur, Rajouri, after they got stranded due to the flash floods triggered by heavy rainfall. Rescue teams acted promptly and brought both individuals to safety."

At least 11 people were killed, and six others went missing as torrential rains triggered landslides and flash floods in the twin border districts of Poonch and Rajouri in Jammu and Kashmir on Sunday, prompting a multi-agency rescue operation.

The worst hit was Surankote tehsil in Poonch district, where most of the fatalities occurred, while rescue teams raced against

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Mahayajna breathing new life into our spiritual legacy: LG

Himalayan Mail News
JAMMU, JUL 19

Stating that a yajna represents selfless service in Sanatan tradition, LG Manoj Sinha today said that 'Mahayajna Dharma Sammelan is breathing a new life into our spiritual legacy'.

"In the Sanatan tradition, a yajna represents selfless sacrifice and shared responsibility aimed at fostering global peace," he said in his address after attending the Mahayajna Dharma Sammelan at Baramulla in Kashmir.

"On this land, where all faiths are respected, Mahayajna is breathing a new life into our spiritual legacy, which has given Jammu & Kashmir a distinctive and unique identity in the world," the LG said.



"This sammelan marks a spiritual rebirth for the region. It sends a powerful message of harmony and national unity

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US launches airstrikes to 'swiftly punish' Iran for deaths of its troops

DUBAI, JUL 19: The US military said on Sunday said that it had launched new airstrikes against Iran to "swiftly punish" the country's Revolutionary Guard for an attack in Jordan that killed two American service members, left one missing and four requiring hospitalisation.

The strikes were designed to further degrade Iran's ability to restrict the traffic of oil tankers through the Strait of Hormuz, the US Central Command said. The waterway accounted for roughly 20 pc of global oil supplies before the war.

An area near Sirik, on the Strait of Hormuz, was targeted around 1.30 am local time, according to Iran's state-run news agency, which cited local authorities in southern Hormozgan province.

The new strikes came after the U.S. military announced its first troop deaths from direct Iranian fire since the opening days of the war, following a drone and missile attack on a base in Jordan on July 17. The dead were not identified, and Central Command wouldn't offer any further details on the deaths.

Since the war began, 16 U.S. service members have been killed and over 430 wounded.

In neighbouring Iraq, a base of the Kurdistan Freedom Party, an Iranian Kurdish dissident group, near Irbil was struck by a drone early today, wounding eight of its members, according to Rebaz Sharifi, a military official with the group.

Residents of Irbil, the capital of Iraq's semi-autonomous northern Kurdish region, also heard explosions from air defenses early today.

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Kavinder expresses grief over loss of lives due to cloudbursts

SHIMLA, JUL 19: Himachal Pradesh Governor Kavinder Gupta has expressed profound grief over the tragic loss of lives and widespread devastation caused by incessant rains, cloudbursts, flash floods and landslides in various parts of Jammu & Kashmir, particularly in the border districts of Poonch and Rajouri.

In his message, he prayed for peace to the departed souls, speedy recovery of the injured and early restoration of normalcy.

The governor conveyed his heartfelt condolences to the bereaved families and



said that the tragic loss of precious lives and the extensive damage to public and private property were deeply distressing.

He prayed for eternal peace to the departed souls and strength to the bereaved families to bear this irreparable loss.

He also wished a speedy

recovery to those injured in the calamity and prayed for the safe return of the persons reported missing.

The governor expressed solidarity with the people of Jammu & Kashmir during this difficult time and prayed for the safety and well-being of all those affected.

He also expressed hope that, with the dedicated efforts of the administration, disaster response agencies and security forces, relief and rescue operations would continue effectively and normalcy would be restored in the affected areas at the earliest.

Cong stages sit-in for statehood; march to LG's residence foiled

Himalayan Mail News
LEH, JUL 19

Congress leaders staged a sit-in here today in support of their demand for restoration of statehood to J&K but their march to Lok Bhavan was foiled with police detaining several of the party activists.

At the Lok Bhavan, the Congress leaders wanted to submit a memorandum addressed to President Draupadi Murmu in support of their statehood demand.

The march, led by PCC chief Tariq Hameed Karra



came a day ahead of the NC's proposed Delhi protest for statehood restoration.

The march was preceded by a peaceful sit-in at Maharaja Hari Singh Park in

the heart of the city. The protesters, however, raised slogans in support of their demand.

From the park, when they marched towards Lok

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