

Special yoga session held at Poonch HSS under 90-day Nasha Mukta J&K Campaign



A special Yoga and Wellness Session was organized at Boys Higher Secondary School Poonch under the 90-Day Nasha Mukta Jammu & Kashmir Abhiyan. The programme was jointly organized by the AYUSH Department, School Education Department, and Department of Youth Services & Sports with the objective of promoting a healthy lifestyle and spreading awareness about the harmful effects of drug abuse among students.

Dr. Sanjay Raina, District AYUSH Officer, attended the programme as the Chief Guest, while Chief Medical Officer Poonch, Dr. P.A. Khan, was the guest of honour on the occasion. Both dignitaries appreciated the initiative and emphasized the importance of collective efforts in building a drug-free society.

Addressing the students, Dr. Sanjay Raina highlighted the significance of yoga in maintaining physical, mental, and emotional well-being. He encouraged students to adopt yoga as a daily habit and contribute actively towards making society free from substance abuse. During the session, Dr. Manzoor delivered an insightful lecture on the benefits of yoga, explaining how regular practice helps reduce stress, improve concentration, and strengthen overall health. He also spoke about the growing menace of drug abuse, stating that drugs are gradually ruining society and negatively impacting the youth. He urged students to stay away from drugs and become ambassadors of the Nasha Mukta Jammu & Kashmir Abhiyan.

Students enthusiastically participated in the yoga session and performed various Yoga Asanas and breathing exercises under expert guidance. Teachers and staff members also actively joined the programme, making it a meaningful and impactful awareness initiative.

The programme concluded with a Drug-Free Pledge, reaffirming the commitment of students and staff towards promoting a healthy, disciplined and drug-free society. The session proved informative, motivating, and aligned with the objectives of the 90-day Nasha Mukta Jammu & Kashmir Campaign.

BJP Mahila Morcha holds massive Nari Shakti Vandan S sammelan at Bishnah



HIMALAYAN MAIL NEWS
JAMMU, APR 16

BJP Mahila Morcha held a massive Mahila S sammelan in Bishnah Assembly Constituency under party's organizational District Border.

Sammelan was organized in support of the Nari Shakti Vandan Adhinyam in commitment towards women empowerment. The event witnessed enthusiastic participation from Matru Shakti, including a remarkable presence of Self Help Group (SHG) sisters and Lakhpati Didis, reflecting widespread support for this historic initiative.

The Mahila S sammelan was led by BJP Mahila Morcha President Smt. Neha Mahajan ji at Salehar, Bishnah, and saw overwhelming participation of more than 350 women, showcasing strong grassroots support for the Nari Shakti Vandan Adhinyam.

In her welcome address, Smt. Neha Mahajan ji highlighted the significance of the Nari Shakti Vandan Adhinyam as a transformative step towards ensuring greater representation of women in legislative bodies. She also specially acknowledged the vital role of Self Help Groups in strengthening the rural economy and empowering women at the grassroots level.

MLA Smt. Devyani Rana ji, in her address, lauded the visionary leadership of Hon'ble Prime Minister Shri Narendra Modi ji and emphasized that initiatives like Lakhpati Didi are

bringing a socio-economic transformation by enabling women to become financially independent and self-reliant.

MLA Prof. Gharu Ram Bhagat ji reiterated that empowering women, especially those associated with Self Help Groups, is key to building a strong and progressive society. He stated that these women are emerging as leaders and role models in their communities.

MLA Dr. Rajeev Bhagat ji appreciated the active participation of Lakhpati Didis and SHG members, noting that their success stories are inspiring many others to take up entrepreneurship and contribute to economic growth.

The proceedings (Manch Sanchalan) were effectively conducted by District President Mahila Morcha Smt. Rajni Choudhary ji. Whereas the Vote of Thanks

was presented by State General Secretary, Mahila Morcha and Programme Co-Incharge, Smt. Poonam Gupta ji, who expressed heartfelt gratitude to all dignitaries, participants, and organizers, and gave special appreciation to the Lakhpati Didis and SHG sisters for their inspiring participation and contribution in making the programme a grand success.

A key highlight of the S sammelan was the inspiring presence and participation of Lakhpati Didis and Self Help Group sisters, including Sharmeela ji, Sapna ji, Bindu Charak ji, Kiran Bala ji, and Renu Saroch ji, who shared their journeys of transformation—from financial dependency to becoming self-reliant entrepreneurs. Through their association with SHGs, they have achieved sustainable livelihoods and are also generating employment opportunities within their communities. Their stories stand as a testament to the success of women-led development initiatives and inspired all with the vision of Atmanirbhar Nari, Sashakti Bharat.

The programme was graced by District President Sh. Rinku Choudhary ji. Special thanks were extended to Kisan Morcha President Sh. Rakesh Pant ji and SC Morcha President Adv. Dharminder Kumar ji for their support and dedicated efforts in making the programme a grand success.

Among other prominent present were State General Secretaries Urvashi Gupta ji and Geeta Bhagat ji, Prabhari Border and Treasurer Smt. Anuradha Sharma ji, along with Neeru Anand ji, Sunita Raina ji, Suman Raina ji, Ritu Thakur ji, Pooja Salgotra ji, Indu Wazir ji, and many others.

GOVERNMENT OF JAMMU AND KASHMIR OFFICE OF THE EXECUTIVE ENGINEER PWD(R&B) DIVISION NAGROTA

SHORT TERM NOTICE INVITING E-TENDERS

E-NIT NO:-03 OF 2025-26 DATED 13-04-2026

SHORT TERM NOTICE TENDER FOR HIRING OF VEHICLES

E-tenders (Online) are invited from reputed parties/agencies for supplying vehicle One number Mahindra Scorpio Top Model without driver on Monthly Hire-basis for official use of Executive Engineer PWD(R&B) Division Nagrota, UT Of J & K. Interested parties / agencies who are willing to comply with the terms and conditions annexed to this notice, may submit their bids, online, as given in the instructions for online bid submission (Annexure-D).

There should be attachments for Technical Bid (Annexure-A), Financial Bid in BOQ Format (Annexure-B) and Tender Acceptance Letter (Annexure-C). The Financial Bid/Bids shall be opened only if the technical specifications are found satisfactory; otherwise the Tender will be straight way rejected.

Details of tender notice are available on the website: - www.tendersjk.gov.in

The details of the Vehicle to be hired are as under:

S. No.	Category	No. of Vehicles required	Usage
1	Mahindra Scorpio Top Model(make and model not before Jan-2024)	01 (One)	To be used on daily basis including all taxes, GST, Income tax and Toll tax etc., with Driver and maintenance of the vehicle and without POL per month..

A. This office may surrender the vehicle, if not needed by Executive Engineer PWD(R&B) Division Nagrota, by issuing 10 Days' notice.

Data Sheet

Hiring of Vehicle one number Mahindra Scorpio for official use of Executive Engineer PWD(R&B) Division (Nagrota).

Item	Description
Name of the Hirer	Executive Engineer PWD(R&B) Division Nagrota
Tender Inviting Authority	Executive Engineer PWD(R&B) Division Nagrota
Tender Name	Hiring of Vehicle
Tender No.	E-NIT 03 of 2026-27
Call	2nd
Method of Selection	Open E-Tender
Availability of Tender Documents	To be downloaded from www.jktenders.gov.in
Date and time of Tender notice issuance	13-04-2026
Period of availability of Bidding Documents on website www.jktenders.gov.in	15-04-2026 10.00 AM To 20-04-2026 at 04-00 PM
Bid Submission start date	15-04-2026 10.00 AM
Cost Of Tender Document	Rs.600.00 (Rupees Six Hundred Only) (non-refundable, only in the form of e-challan/treasury challan/Receipt favoring Executive Engineer PWD(R&B) Division Nagrota by crediting the requisite charges to MH 0059-PWD (Revenue)
Last date and time for Bid/Proposal submission (On or before)	20-04-2026 at 04-00 PM
Bid Opening Time, Date & Venue	21-04-2026 after 10:00 AM at Office of The Executive Engineer PWD(R&B) Division Nagrota,
Language of Bid Submission	ENGLISH
Currency	Indian Rupees (INR)
Period of Hiring	One year which can be extended on the basis of performance

E-tender for hiring of Motor Vehicle for official use of Executive Engineer PWD(R&B) Division Nagrota, UT of J&K. Document Download: Tender documents may be downloaded from JK tenders Portal www.Jktenders.gov.in. Aspiring Bidders who have not enrolled/registered in e-procurement should enroll / register before participating through the website. The portal enrolment is free of cost. Bidders are advised to go through instructions provided at Annexure D regarding Instructions for Online Bid Submission.

Bid.Submission:

Bids shall be submitted online only on website: www.jktenders.gov.in. Bid documents may be scanned with 100 dpi with black and white option which helps in reducing size of the scanned document.

- Tenderers can access Tender documents on the website, fill them With all relevant information and submit the completed Tender document into electronic Tender on website www.jktenders.gov.in
- Tenders and supporting documents shall be uploaded through e-procurement portal. Hard copy of the Tender documents shall not be accepted.
- Tenderer should ensure that the documents being uploaded by him/her are legible, and wherever possible scanned copy of the original document should be uploaded instead of Xerox copy.

GENERAL TERMS AND CONDITIONS OF THE TENDER NOTICE:

- The service provider should be a proprietorship/ partnership/ registered firm/ company and the vehicle should be registered.
- The contract for providing vehicle will be given to the lowest bidder who fulfils all the terms and conditions given in the lowest bidder who fulfill all the terms and conditions given in the tender documents.
- Rates to be quoted can either be for petrol or diesel vehicle.
- The tenderer should ensure that after getting the contract the vehicle deployed by him/her is of model manufactured not before Jan-2024 and shall have clean seat covers/ towels, car perfume and should be in good running condition for which no extra payment would be made. Vehicle should be comprehensively insured and should carry necessary permit/ clearance from the Transport Authority or any other concerned authority. The vehicle should also carry necessary pollution certificate issued by the competent authority which the vehicle provider will renew regularly at his/her own cost.
- The vehicle shall be for exclusive use of hirer and should not be used by the Service Provider for any other purpose whatsoever.
- The vehicle shall be made available on all days including Saturday, Sunday & Holidays.
- The calculation of mileage shall be from the reporting point to the reporting point and will not be calculated on garage to garage basis. For this purpose, the service provider shall ensure that the odometer of the supplied vehicle is properly sealed. In case of any doubt the allotting authority/The office Of the Executive Engineer PWD(R&B) Division Nagrota, may get odometer of the vehicle checked from any authorized workshop/State Motor Garage at the cost of the Service Provider.
- LPG Cylinders will not be allowed for running the vehicle in any case.
- The affidavit regarding purchase of New Vehicle and Treasury Challan shall be considered of those Service Providers who have already participated in the tendering process against call 1st.

Sd/
Executive Engineer
PWD (R&B) Division
Nagrota

DIP/J-623/26. Dated: 16-04-2026

LG Saxena attends funeral of late Col Sonam Wangchuk (Retd) MVC

LEH, APRIL 16: The Lieutenant Governor of the Union Territory of Ladakh, Shri Vinai Kumar Saxena, today attended the funeral of the Lion of Ladakh, late Col. Sonam Wangchuk (Retd), MVC, who passed away on April 10. In a solemn ceremony, the Lieutenant Governor laid a wreath and paid rich tributes to the decorated Kargil War hero.

The funeral was attended by senior Army officials, personnel, family members, and a large number of people. Col. Wangchuk was accorded a Guard of Honour by the jawans of the Ladakh Scouts in recognition of his distinguished service to the nation.

Late Col. Sonam Wangchuk played a pivotal role in India's victory during the 1999 Kargil War. As a young officer, he led daring operations under extremely challenging conditions in the high-altitude battlegrounds, displaying excep-



tional bravery, leadership, and tactical acumen. His courageous actions and steadfast commitment significantly contributed to the success of Indian forces, earning him the prestigious Maha Vir Chakra (MVC), the country's second-highest wartime gallantry award. Expressing deep grief, the Lieutenant Governor said he was profoundly saddened by the demise of Col. Sonam Wangchuk,

whose valour during the Kargil War brought immense pride to the nation and Ladakh.

He stated that the late officer's indomitable courage, dedication, and service to the country would continue to inspire generations.

The Lieutenant Governor extended his heartfelt condolences to the bereaved family and prayed for strength for them in this hour of grief. He had also

visited the family yesterday to personally convey his sympathies and pay his respects.

Paying homage to the "Lion of Ladakh," the Lieutenant Governor had announced that the UT Administration will establish a befitting memorial in Leh in honour of late Col. Sonam Wangchuk, in consultation with the family, the Indian Army, and local representatives.

DC presides over World Art Day celebrations at Sanasar

RAMBAN, APRIL 16: Deputy Commissioner Mohammad Alyas Khan today presided over a vibrant cultural program organized by JAMMU threesities' 'ArtSar'—a collective of multidisciplinary artists—here at A Pinne Cone- Sanasar.

The Deputy Commissioner was accompanied by the officers and officials.

Addressing the gathering, the DC appreciated the organizers for uniting young artists and emphasized leveraging platforms like ArtSar to promote local tal-

ent in fields like painting, poetry, singing, writing and photography. He encouraged all stakeholders to support creative expression as a tool for youth engagement and cultural revival.

He also underlined the importance of initiatives like Nasha Mukta Jammu and Kashmir Abhiyan and urged the youth to focus on holistic personality development. Conceptualized and hosted by Vivek Mahajan under JAMMU three-

sixty, ArtSar aimed to create a platform where artists from different backgrounds including painters, photographers, filmmakers, writers, musicians and content creators could come together to create, collaborate and connect in the serene landscapes of Sanasar.

IN THE COURT OF THE NAIB TEHSILDAR
EXECUTIVE MAGISTRATE 1ST CLASS BASANTGARH
Sanjay Kumar versus Block Development officer Kulwanta
Application seeking direction to BDO Kulwanta for the registration of Date of Birth of Petitioner's Son/Daughter.

Notice to Public in General
WHEREAS, the applicant namely Sanjay Kumar S/o Darshan Kumar R/o Village Chhatrari Tehsil Basantgarh District Udhampur J&K UT has filed an application seeking direction to BDO Kulwanta to register date of Birth of the Petitioner's Son/daughter namely Saharsh Kattal Thakur S/o Sh. Sanjay Kumar whose date of birth is 23/09/2024 R/o Village Chhatrari in the concerned register kept in the said. Block officer and issue certificate of Birth under "The /Registration of Deaths and Birth Act, 1969 as her Birth/Death particular has not been registered anywhere in the Police/BDO records. Therefore, by virtue of this notice, public in general is informed that if any person has any objection in respect of the afore-mentioned application he/she/they may appear in this court either personally or through a Counsel and file his/her/their objection within a period of 10 days from the date of a publication of this notice, failing which the said application shall be dealt, in accordance with law. Issued under my hand and seal of this court today 16/04/2026.

Sd/
Naib Tehsildar
Executive Magistrate 1st Class, Basantgarh.

PUBLIC NOTICE
A letter received from the office of Registrar Special Marriage Act, 1954, Assistant Commissioner (Gen) Jammu vide No. DJJ/SMR/2025-26/51-654 regarding the registration of marital status of Mr. Sameer Ibrahim Chowdhary S/o Mohd. Ibrahim R/o H.No. 58, Gujjar Colony Sunjan Bye Pass Channi Himmat Tehsil Bahu, District Jammu with Ms. Mehak Chowdhary D/o Amjad Ali R/o H.No. 58, Gujjar Colony Sunjan Bye Pass Channi Himmat Tehsil Bahu, District Jammu.
In this context, it is requested that if any body has any objection for registration of his/her marriage in the office of Registrar, Special Marriage Act, 1954, Assistant Commissioner (Gen) Jammu, please register your objection (if any) in the said office within 30 days. All concerned may note.

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