

International Woman's Day celebrated at GDC Shopian

HIMALAYAN MAIL NEWS
JAMMU, MAR 07

District Legal Services Authority (DLSA) Shopian, in collaboration with Education Department Shopian, today organized a grand programme to celebrate International Women's Day at the Auditorium of Government Degree College (GDC) Gagren, Shopian.

The event was held to promote legal awareness among women and to underscore the themes of empowerment and gender equality. The programme brought together a large number of female teachers from across the district, alongside panel lawyers and Para-Legal Volunteers (PLVs), for an engaging and informative session.

Secretary DLSA Shopian, Mudasar Farooq, emphasized that women's empowerment cannot be fully achieved without knowledge of one's legal rights. He urged the participating teachers to integrate these lessons into their daily lives and classrooms.

Chief LADC Shopian, Rafie Ahmad Ganie, was present on the occasion and lauded the collaborative effort between the legal and education depart-



ments. He reiterated the Authority's commitment to ensuring that every woman in the district has access to justice. In her address, Shabnum Akhter, Lecturer, Govt. HSS Sedow, spoke on the societal shift towards gender equality and the role of education in empowering women.

The legal segment of the

programme featured expert talks from a distinguished panel of lawyers from the DLSA panel, who spoke on legal safeguards for women, constitutional rights, laws related to workplace safety and access to free legal aid was also discussed.

The speakers collectively stressed the importance of

legal literacy as a tool for empowerment and encouraged the attendees to act as ambassadors of legal awareness within their communities.

Later, the Secretary presented appreciation certificates to all the distinguished speakers for their valuable contributions to the programme.

SWD organizes Senior Citizens Sensitization Programme at Wagoora

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A sensitization and awareness programme for senior citizens was organized at Community Hall Wagoora by the Tehsil Social Welfare Office Baramulla under the supervision of the District Social Welfare Office Baramulla today.

The programme aimed to educate elderly citizens about their legal rights, entitlements, and various welfare schemes introduced by the government for their well-being.

The programme focused on creating awareness among senior citizens about the provisions of the Maintenance and Welfare of Parents and Senior Citizens Act and other initiatives undertaken by the government to ensure dignity, protection, and social security for the elderly.

Officials and experts from various departments participated in the programme and shared valuable information regarding health-care services, safety measures, legal safeguards, and welfare schemes available



for senior citizens. They emphasized the importance of ensuring proper care, protection, and support for the elderly and encouraged them to stay informed about their rights and available services. The programme witnessed enthusiastic participation from senior citizens and members of the local community, who appreciated the initiative taken by the Social Welfare Department to sensitize society about the rights, dignity, and welfare of the elderly population.

The event concluded with an interactive session where participants shared their experiences and raised queries regarding various issues faced by senior citizens, making the programme informative and engaging.

DC Anantnag holds interactive meet with Media Fraternity

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Deputy Commissioner (DC) Anantnag, Dr. Bilal Mohi-ud-Din Bhat, today held an interactive meeting with members of the local media fraternity at Dak Bungalow, Khanabal.

ADCs, DIO, and the media persons of the district attended the meeting.

The session aimed to enhance coordination between the district administration and the press so the objectives of public-centric governance and effective grievance redressal are realized.

Addressing the meeting, the DC described the media as a vital link between the public and the administration, which helps to provide feedback from people and identify areas requiring urgent attention. He emphasized the role of ethical journalism in development and public welfare and urged the media persons to adhere to its principles and standards.



Dr. Bhat called upon the

media to highlight the benefits of various Centrally Sponsored Schemes and government initiatives and to constructively point out lacunae or gaps in implementation so the adminis-

tration can take corrective measures. He also sought the media's cooperation in promoting tourism and eco-protection and noted that environmental preservation and sustainable development of the district are our collective goals.

On the occasion, the media persons shared their insights and put forth issues and concerns regarding their work in the district.

Assuring them of full cooperation from administration, the DC said their genuine concerns will be addressed for responsible journalism to thrive in the district.

The meeting concluded with a mutual commitment to work toward the holistic development with positive contributions from the administration, media, and other stakeholders of the district.

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A One-Day Refresher Training Programme under the Adolescence Education Programme (AEP) was successfully organized today by the Chief Education Officer Anantnag at DIET Anantnag, in collaboration with the J&K Board of School Education and J&K AIDS Control Society.

The training programme witnessed the participation of 100 teaching officials from 50 Higher Secondary Schools of District Anantnag, aimed at strengthening their capacity to address adolescent issues in educational institutions.

The Chief Education Officer, Anantnag, graced the occasion as the Chief Guest and formally inaugurated the programme. In his address, he warmly welcomed the participating teaching officials and resource persons, and highlighted the crucial role of teachers in guiding adolescents through the challenges of this sensitive and transformative phase of life. He emphasized that schools must serve as safe spaces where students receive proper guidance on mental health, life skills, emotional well-being, and awareness about substance abuse and



health-related concerns.

During the programme, expert sessions were delivered by resource persons from the School Education Department, DIET Anantnag, and the Department of Health Services through the Office of the Chief Medical Officer, Anantnag. The sessions focused on various aspects of the Adolescence Education Programme, including life skills education, adolescent health

awareness, mental well-being, and preventive strategies against risky behaviors. On the occasion, District Education Planning Officer Anantnag, Asadullah Mir, delivered a comprehensive and insightful session highlighting the objectives and practical implementation of the programme in schools. He urged the participants to actively engage with students, promote open dia-

logue, and help create an enabling environment where adolescents feel supported and informed.

The trained teaching officials will now act as School Counsellors and resource persons in their respective institutions, disseminating awareness and providing guidance to students across the district under the framework of the Adolescence Education Programme.

5-day Capacity Building Programme on Transformative Teaching Strategies concludes at DIET Jammu

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The District Institute of Education and Training (DIET) Jammu successfully concluded a five-day Capacity Building Programme for teachers on "Transformative Teaching Strategies for Modern Classrooms", held from 02 to 07 March 2026. The programme was organized in alignment with the vision of NEP 2020, which emphasizes competency-based learning, experiential pedagogy and the development of 21st-century skills among learners.

The programme was conducted under the guidance of Principal DIET Jammu Dr. R. G. Dogra with academic coordination by HOD DIET Jammu Dr. Romesh Kumar.

The inaugural academic session on Transformative Teaching Strategies was delivered by Assistant Professor, Government College of Education Jammu Dr. Rakesh Bharti. Other key sessions included Enquiry-Based Teaching by Dr. Alka Sharma (Teacher School Higher Secondary Model Domana) and Universal



Design for Learning by Dr. Jyoti Malhotra (Lecturer, GHSS Bishnah).

Sessions on Project-Based Learning, focusing on designing and assessing projects were conducted by the Parmod Bakshi-led team from Piramal Foundation. Dr. Romesh Kumar also conducted a session on Mental Health and Well-being, highlighting the importance of integrating psychosocial support and student well-being within school education systems.

Sessions on Digital Tools and Pedagogy for Modern Classrooms were conducted by Harish Raina, Senior Regional Manager, Parachi India Pvt. Ltd. and

Sachin Goel (Teacher, GHSS Rehari).

Similarly, the Sessions on Art-Integrated Teaching and Performing Arts were facilitated by Deepak Viridhi, Theatre Artist and Co-founder, Theatre in Education Foundation. K. K. Bhardwaj, Founder of BDI Kids Theatre in Education Foundation also delivered a brief presentation on the importance of training teachers in Early Childhood Care and Education (ECCE).

A session on Art-Integrated Teaching with a focus on Visual Arts was conducted by Jastinder Kour Head of Institution MS Rakh Bandu.

The programme included recapitulation sessions, team work and presentations, providing opportunities for collaborative learning, reflection and peer engagement. The coordination team included Anil Gupta and Suniya Mehta, Lecturers at DIET Jammu, who supported the academic and organizational aspects of the programme.

Technical support was provided by Sanjay Lal Seth, Teacher, along with Gandhi Fellows from the Piramal Foundation Subah, Faizan Sibli and Aaqib Nazir who extended valuable technical and facilitation support throughout the programme.

DIC Shopian conducts MSME awareness programme in district

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An awareness programme on Micro, Small and Medium Enterprises (MSME) schemes was organized at Gagren, Shopian today to educate local youth, artisans and aspiring entrepreneurs about various government initiatives aimed at promoting self-employment and entrepreneurship by District Industries Centre Shopian.

During the programme, General Manager, District Industries Centre, Shopian, Shurjil Naik emphasized coordinated efforts among departments to strengthen the industrial sector and create sustainable livelihoods opportunities in the district.



Stressing the importance of industrial growth for economic development, General Manager directed the concerned officials to ensure effective implementation of government schemes and extend neces-

sary support to aspiring entrepreneurs.

The participants were sensitized about different MSME schemes, financial assistance, skill development opportunities and support available for set-

ting up new enterprises. The speakers highlighted the importance of MSMEs in strengthening the local economy and generating employment opportunities. The resource persons encouraged youth to take advantage of various government programmes and start their own ventures. They also informed the participants about the registration process, benefits under MSME schemes and the role of financial institutions in supporting entrepreneurs.

Officers and officials from concerned departments, a large number of youth, artisans and local residents participated in the programme and appreciated the initiative aimed at spreading awareness regarding entrepreneurship and self-reliance.