

Sophie Choudry, In Austria, Is Relaxing Like A True Water Baby



Sophie Choudry is a true-blue wanderlust and there is no doubt about it. The actress is in Austria, making the most of her time and soaking in the beauty of the picturesque location. Keeping her fans posted, she has added a bunch of pictures on Instagram from her exotic getaway and her oh-so stunning avatar in the carousel is making hearts skip a beat. She kicked off the album with a sizzling solo shot of herself, sitting against the backdrop of a sea in a vibrant blue monokini. Her stunning selfie in a black sports bra, styled with a cap and tinted sunglasses in the next slide is

simply unmissable. Glimpses of the scenic locations with lush greenery followed and there is also another selfie of her, flaunting her no makeup look, letting her natural beauty shine through.

Actor-singer Sophie Choudry might be a celebrated name now in the entertainment industry, her journey has been far from easy. Earlier, she opened up about her initial days in the business, shedding light on how the dream of a glamorous acting career led her to a deeply uncomfortable encounter.

In a candid chat with Haute-rfly, Sophie recalled when she entered Bollywood, hoping to build a successful music career. Expecting a transition into acting, she began meeting people with her mother by her side but the suggestions she received were unsettling. In her words, "Some people were lovely but others made remarks and suggestions I didn't understand back then. My mom now jokes about it, recalling how people used to say I'd need to 'adjust and compromise.' At the time, we didn't know what that really meant."

On the work front, Sophie was last seen in Dibakar Banerjee's

Love Sex Aur Dhokha 2. Her cameo appearance as a reality show judge in the film sent fans into a frenzy. Alongside Sophie were Paritosh Tiwari, Abhinav Singh, Bonita Rajpurohit and Swaroopa Ghosh, among others.

Her last released song, Lips, also won the hearts of her fans. Composed by Raahi, the song also included a recreation of the iconic melody Hothon Pe Aisi Baat. It was originally composed by SD Burman. The energetic music video featured Sophie alongside Freddy Daruwala and surpassed 50 lakh views on YouTube.

Maha Shivaratri 2026 Bollywood Songs For Celebration: Top Tracks For The Night

Maha Shivaratri Bollywood Songs Playlist: Lord Shiva's devotees from all across the world come together to observe the festival of Maha Shivaratri. Celebrated on February 15 this year, the sacred occasion is marked by a night of fasting, devotion, and spiritual growth. Maha Shivaratri is a prominent Hindu holiday that is celebrated with energy and enthusiasm. Devotees fast, meditate, visit Shiva temples and chant mantras.

Hindi films have often included songs in praise of Lord Shiva. Here are a few songs you might add to your Maha Shivaratri night playlist this year.

Top Hindi Songs for Maha Shivaratri 2026
Namo Namo (Kedarnath)

The popular devotional song from the 2018 film Kedarnath features late actor Sushant Singh Rajput and Sara Ali Khan against the scenic background of Uttarakhand. The track is sung and composed by Amit Trivedi, with Amitabh Bhattacharya providing the lyrics.

Bhambholle (Laxmii)
Bambholle, from the 2020 film Laxmii, is a high-energy Hindi dance song performed and composed by Viruss, with lyrics by Ullumanati. The track, featuring Akshay Kumar and Kiara Advani, is recognised for its dramatic, lively, and modern twist on a Shiv Bhajan.

Bolo Har Har Har (Shivaay)
Composed by Mithoon and written by Sandeep Shrivastava, Bolo Har Har Har is a popular song from the 2016 film Shivaay. This powerful track is



sung by Mohit Chauhan, Sukhwinder Singh, Badshah, Megha Shriram Dalton, and Anugrah.

Shankara Re Shankara (Tanhaji)
Shankara Re Shankara is an upbeat track from the 2020 biographical drama Tanhaji: The Unsung Warrior. The track, composed and written by Mehul Vyas and with vocals by Adarsh Shinde, is choreographed by Ganesh Acharya.

Jai Jai Shiv Shankar (War)
A dance number for ages, Jai Jai Shiv Shankar featured in Hrithik Roshan and Tiger Shroff's 2019 action movie War. The song is composed by Vishal-Shekhar and performed by Benny Dayal and Vishal Dadlani.

Jaikal Mahakal (Goodbye)
Jaikal Mahakal is an emotional song from the movie Goodbye, which stars Amitabh Bachchan, Rashmika Mandanna, and Neena Gupta. The song, performed by Amit Trivedi and Suhas Sawant, with music by Amit Trivedi and lyrics by Swanand Kirkire, represents a family bidding a final, heart-felt farewell to a loved one.



Avneet Kaur sheers black pants create an intriguing contrast, revealing just enough skin while maintaining elegance.

Dia Mirza Reacts To Mumbai Metro Pillar Collapse, Asks 'What Idea Of Infrastructure Do You Support?'

A fatal accident at an under-construction Metro site in Mumbai has triggered renewed scrutiny of urban infrastructure safety in the city. The collapse of a portion of a parapet from a Metro bridge resulted in one death and left three others seriously injured, intensifying concerns over construction standards and oversight.

The incident occurred when part of the structure fell onto an autorickshaw passing below. The impact proved fatal for one occupant, while three individuals sustained severe injuries. The episode has unsettled residents and prompted wider debate about the pace and safety of infrastructure development in the financial capital.

Actor Dia Mirza responded to the tragedy on X, formerly Twitter, raising questions about public priorities in development. She wrote, "What idea of infrastructure do you support?" She further added, "One that kills, suffocates, and destroys health and life? Or One that cares for and values life?"

Her remarks drew varied responses online. One user commented, "Nothing like that, no suffocation! Daily going in tremendous rush like kide makode caused more problems to self respect & self-esteem." Another wrote, "Obviously, One that cares for and values life."

Singer Rahul Vaidya also reacted to the collapse. Sharing his concern on Instagram, he wrote, "I always get scared whenever I go under a metro bridge... trust me. This is exactly what I always fear!"

In an official response, Maharashtra Chief Minister Devendra Fadnavis expressed condolences to the family of the deceased and



wished a speedy recovery to those injured. The state government announced a compensation of Rs. 5 lakh for the victim's family and confirmed that medical expenses for the injured would be fully covered.

The Mumbai Metropolitan Region Development Authority (MMRDA) issued a statement expressing regret over the incident. It urged the public not to circulate misinformation and confirmed that a high-level inquiry has been initiated. Authorities have stated that strict action will be taken against those found responsible.

Financial penalties have also been imposed. A fine of Rs. 5 crore has been levied on the contractor involved, while the general consultants have been fined Rs. 1 crore. The investigation into the collapse is ongoing.

Esha Gupta Reflects On 13 Years In Bollywood: 'Therapy Helped Me Move Forward'

Esha Gupta, who made a memorable debut opposite Emraan Hashmi in Jannat 2 thirteen years ago, is celebrating more than a decade in the Hindi film industry with gratitude, introspection, and newfound wisdom. Over the years, the actress has evolved from a striking newcomer to one of Bollywood's most versatile performers, balancing mainstream entertainers with roles that challenge her as an artist.

In a recent conversation with Bombay Times, Esha described her cinematic journey as "a rollercoaster filled with growth, learning, and new experiences." Reflecting on how her choices and priorities have evolved, she explained, "Times have changed, and so has my approach. Earlier, it was about what the script was doing for me. Now, it's only about the character and the director's vision. A simple story can turn into a masterpiece with the right filmmaker. Even if my role is just two minutes long, I make sure to give my best because the writer created it with me in mind."

Esha's honesty about her growth mir-



rors her openness when it comes to another important aspect of her life — mental health. Over the past few years, she has become one of the few Bollywood actors to speak candidly about therapy and emotional well-being. "There was no deep thought behind it," she said. "In our country, therapy is often looked down upon, but actually, only a healthy mind would choose therapy. Most of us are in therapy because of people who really need it but don't go. For me, therapy has helped me move forward. I always say money should only buy you good health — both mental and physical. Without that, nothing else

matters."

Her perspective comes at a time when conversations about mental health in the film industry are gaining momentum, with actors increasingly acknowledging the pressure, isolation, and constant scrutiny that come with fame. Esha's candor and self-awareness have made her an advocate for destigmatizing mental health care, encouraging her fans to seek help without shame.

On the professional front, Esha is now gearing up for Dhamaal 4, the next installment of the popular comedy franchise starring Ajay Devgn. The actress recently wrapped shooting for the film, which promises high-octane entertainment and is slated for an Eid 2026 release.

From a debutante who captured hearts with her glamour and screen presence to an actress who continues to push her creative boundaries, Esha Gupta's journey is one of resilience and reinvention. Thirteen years later, she stands as a reminder that success in Bollywood is not just about stardom — it's about staying grounded, growing with each role, and nurturing both the mind and soul along the way.