

MVD Ramban organises road safety awareness, free health check-up camp at Sangaldan

HIMALAYAN MAIL NEWS
JAMMU, FEB 12

Motor Vehicles Department Ramban organised a Road Safety Awareness-cum-Free Health Check-up Camp at Sangaldan in Sub-Division Gool today. The programme sensitised drivers, cleaners and the general public on safe driving practices while simultaneously addressing their health concerns.

The camp was led by Assistant Regional Transport Officer (ARTO) Ramban Kuldeep Singh, who highlighted the importance of strict adherence to traffic regulations, responsible driving behaviour and regular vehicle maintenance to minimise road accidents. He urged drivers to follow speed limits, avoid overloading, wear seat belts and helmets and strictly refrain from driving under the influence of alcohol or fatigue.

A dedicated medical team from the Health Department led by BMO Dr Mohd Iqbal, Dr Tariq Hussain Peerzada and doctors from AYUSH Department Dr Ajaz Ahmed Lone, Dr Muzamil Naseem, Dr



Sayed Shah Zeib Bukhari besides paramedical staff conducted comprehensive health examinations of around 250 drivers, cleaners and participants. The check-up included general health screening, blood pressure monitoring, eye examinations and medical consultations. Necessary advice, medicines and health awareness guidance were provided to ensure the fitness and safety of drivers particularly those engaged in long-distance travel.

Speaking on the occasion, the officers emphasised that road safety is a shared responsibility and such outreach programmes are vital for reducing accidents and safeguarding lives. The initiative also reflects the District Administration's continued commitment to promoting public safety, preventive

healthcare and awareness among transport stakeholders, especially in remote areas.

Participants appreciated the initiative, stating that the combined focus on road safety awareness and health check-ups would help drivers remain both cautious on roads and conscious of their health, ultimately contributing to safer transportation across the district.

One-day capacity building training programme on IDSP held at Doda

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A one-day Capacity Building Training-cum-Sensitisation programme for healthcare workers of District Doda on the Integrated Disease Surveillance Programme (IDSP) was held at Government Nursing College Doda.

The training programme was organised by the District Surveillance Unit (IDSP) Doda, under the banner of the District Health Society Doda, with the objective of strengthening disease surveillance and response mechanisms at all levels.

The programme was graced by the presence of the Chief Medical Officer Doda Dr Tanveer Ahmed Rather and was attended by healthcare workers from various cadres including MLHPs, Laboratory Technicians, MMPHWs, FM-PHWs, ASHA Facilitators, Pharmacists and ASHAs from all medical blocks of the district.

The training was aimed at enhancing the knowledge and skills of healthcare workers in areas such as early disease detection, timely reporting, prompt intervention and effective implementation of IDSP activities at peripheral as well as institutional levels.

The programme was conducted in multiple sessions.



The welcome session was addressed by CMO Doda Dr Tanveer Ahmed Rather, who briefed the participants about the objectives and importance of IDSP in public health surveillance.

Subsequently, technical sessions on various IDSP-related topics were conducted by Dr Safia Khan (Associate Professor Department of Microbiology GMC Doda), Dr Sumat-ul-

Khurshid (HOD Department of Pathology GMC Doda), Dr Abdul Ghafoor (BMO Ghat), Dr Nasir Masood Indrabi, Umar Anayat (Epidemiologist), who shared their expertise and practical insights with the participants.

An interactive question-and-answer session was also held, enabling participants to clarify their doubts and discuss field-level chal-

lenges related to disease surveillance and reporting.

The proceedings of the programme were conducted by Faizan A Trambo.

The programme concluded with a strong emphasis on coordinated efforts and active participation of healthcare workers to ensure effective implementation of IDSP across the district.

ADC Bhaderwah reviews preparations for 'Snow Marathon - Run for Martyrs'

BHADERWAH, FEBRUARY 12: Additional Deputy Commissioner (ADC) Bhaderwah Sunil Kumar Bhutyal chaired a review meeting to finalise arrangements for the upcoming 'Snow Marathon - Run for Martyrs'. The event is being organised by KHOONKHAR 4RR in collaboration with the district administration Doda and Bhaderwah Development Authority.

The Snow Marathon, scheduled for 16 February 2026, will cover a distance of 5 kilometres. The race will commence from Chinta at 9 am and conclude at Jai Ghati. The marathon aims to pay tribute to the brave martyrs who laid down their lives for the nation, promoting a spirit of patriotism and unity among participants. The ADC reviewed arrangements including security, medical facilities, route management, snow clearance and coordination among departments to ensure smooth conduct of the event.



The meeting was attended by Major Abhishek Giri of 4RR, SDPO Bhaderwah Naveed Shokat Qazi, BMO Bhaderwah Dr Varsha Sharma, Naib Tehsildar Parampreet Singh, AEE JD-DCL Arif Manzoor, ZEPO Vijay Kotwal, stakeholders and representatives from MCB, PWD, Government Boys Higher Secondary School and Government Girls Higher Secondary School along with other concerned departments. Registration for the marathon is open for all. Participants will be awarded medals and certificates and attractive prizes have also been announced. The event

carries the theme "Feel the Snow, Feel the Pride" and encourages citizens to join the run for honour and patriotism.

The ADC emphasised coordinated efforts among all departments to make the Snow Marathon a grand success and a memorable tribute to the nation's heroes.

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DM Kishtwar cracks whip on bovine smugglers; notorious offender booked under PSA to safeguard communal harmony

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JAMMU, FEB 12

Continuing its relentless drive to curb the menace of bovine smuggling and maintain the communal fabric of the district, the District Magistrate (DM) Kishtwar Pankaj Kumar Sharma today took stringent preventive action against a habitual offender.

The District Magistrate Kishtwar, in exercise of the powers vested under the Jammu and Kashmir Public Safety Act (PSA), 1978, issued a detention order against a notorious bovine smuggler, namely Mushtaq Ahmed son of Ghulam

Shah resident of Shah Mohalla, Kuriya Pull, Tehsil and District Kishtwar.

Acting on a detailed dossier prepared by the Senior Superintendent of Police Kishtwar, the District Magistrate scrupulously examined the record and found the activities of the said individual highly prejudicial to the maintenance of public order.

The accused, Mushtaq Ahmed, was found to be a chronic recidivist deeply entrenched in the illegal transportation and smuggling of bovine animals.

It was observed by the District Magistrate that despite being booked in multi-

ple FIRs for bovine smuggling, the ordinary law of the land had failed to deter the individual from his nefarious designs.

The subject had repeatedly secured bail only to revert to the same illegal trade with impunity.

His continuous involvement in bovine smuggling was not only a violation of the law but also posed a serious threat to communal harmony and had the potential to hurt religious sentiments, thereby disturbing the peaceful atmosphere of the district.

Consequently, to prevent him from acting in any manner prejudicial to the

maintenance of public order, the District Magistrate deemed it necessary to detain the said notorious smuggler under the stringent provisions of the PSA. He has been taken into custody and lodged in District Jail Bhaderwah.

The District Administration has issued a stern warning against bovine smugglers, anti-social elements and drug peddlers.

The District Magistrate explicitly warned that anyone found indulging in such activities, which have the potential to flare up communal tension or disturb the peace, will face the full force of the law.

DC Poonch launches official website of DNRM Government Model Girls HSS Sheesh Mahal

HIMALAYAN MAIL NEWS
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District Development Commissioner Poonch Ashok Kumar Sharma today formally launched the official website of DNRM Government Model Girls Higher Secondary School Sheesh Mahal Poonch (www.sheeshmahalschool.in) in the school's ICT Lab.

The launch ceremony was attended by Chief Education Officer Poonch Mukhtar Ahmed, Principal Anjum Shaheen, staff and students.

Gurmeet Singh, Teacher, delivered a comprehensive presentation highlighting the key features of the website.



He informed that the platform will facilitate online admissions, regular academic updates, access to important notices and

enhanced communication between the school administration and parents. The website aims to improve transparency, efficiency

and accessibility in school functioning.

The DC appreciated the efforts of the school administration and staff for embracing digital transformation. He congratulated the institution for taking a progressive step towards modernising education, adding that such initiatives strengthen the education system by integrating technology into academic administration.

The Chief Education Officer also commended the school for adopting innovative practices that align with the broader vision of digital governance and smart educational infrastructure.

NSS GCW Parade organises workshop on entrepreneurship

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The NSS unit of Government College for Women (GCW) Parade organised a one-day workshop on Entrepreneurship Development Programme (EDP) today. The workshop aimed to promote entrepreneurship, leadership and career awareness among flood-affected families of J&K and NSS volunteers.

Shri S.P. Verma, Padma Shri awardee and President Gandhi Global Family at-



tended the programme as Chief Guest. He highlighted dedication, innovation and ethical leadership as essential for success.

Mr Mathew Mattam, Founder CYDA, delivered

the keynote address and spoke on youth empowerment, entrepreneurship opportunities and the importance of skill development.

He encouraged partici-

pants to adopt innovation, problem-solving skills and calculated risk-taking to develop sustainable business ventures.

Ms Ansuya Jamwal, ADC Jammu, interacted with the participants and appreciated the initiative to support flood-affected families. Mr Munshi Ram delivered a lecture on agriculture development and emerging opportunities for youth in the sector.

Certificates were distributed to participants at the conclusion of the workshop.

DDC Chairman flags off Bharat Darshan Tour for girl students in Bhaderwah

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The 33 Battalion CRPF Bhaderwah today organised the opening ceremony and flag-off function of the Bharat Darshan Tour for 32 girl students from Bhaderwah subdivision at the Headquarters (HQ) of 33 Battalion CRPF, Sarna.

The tour was formally flagged off by the Chairman, District Development Council (DDC) Doda, Dhananter Singh Kotwal, in the presence of Additional Deputy Commissioner (ADC) Bhaderwah Sunil Kumar Bhutyal, DDC Member Yudhveer Thakur, Commandant 33 BN CRPF Arun Kumar Singh (PMG), BMO Bhaderwah Dr Varsha Sharma, prominent citizens besides officers and staff.

The educational tour will take the students from Bhaderwah to Mussoorie via Dehradun and back, aiming to provide them exposure to new places, cultures and learning opportunities.

Speaking on the occasion, DDC Chairman appreciated the initiative of the CRPF, stating that such tours play a



vital role in the overall development of students by boosting their confidence, awareness and educational outlook. Other dignitaries also lauded the efforts of CRPF in promoting educa-

tional and cultural exposure among young girls.

The students and their parents expressed heartfelt gratitude to the CRPF and the district administration for providing this valuable

opportunity. The programme concluded with a formal flag-off ceremony amid great enthusiasm and best wishes for a safe, enjoyable and enriching journey.