

## DC Ramban inspects CMTC Ramban; reviews skill development initiatives under UMEED

HIMALAYAN MAIL NEWS  
JAMMU, FEB 10

Deputy Commissioner Ramban, Mohammad Alyas Khan, today inspected the Community Managed Training Centre (CMTC), Ramban, established under the Jammu & Kashmir Rural Livelihoods Mission (UMEED), Department of Rural Development & Panchayati Raj, to review its operational status and assess the impact of skill development initiatives being imparted to rural communities, particularly women Self-Help Group (SHG) members.

During the inspection, Chief Planning Officer Dr. Shakeeb Ahmed Rather and the District Programme Manager NRLM/UMEED Ramban briefed about the ongoing training programmes, operational framework and future plans of the centre. The Deputy Commissioner reviewed the training infrastructure, interacted with trainees and trainers to assess the quality of skill-based programmes being conducted.

Interacting with the



trainees, the DC emphasized the importance of such community-managed training facilities in promoting sustainable livelihoods, entrepreneurship and economic self-reliance among rural households. He also stressed aligning training modules with market demand to ensure beneficiaries can secure viable employment or establish their own enterprises.

The Deputy Commiss-

sioner appreciated the efforts of the Rural Livelihoods Mission in creating a supportive platform for capacity building, noting that CMTC Ramban has strong potential to enhance grassroots economic development and women empowerment. He directed the concerned officers to ensure regular monitoring, improved outreach and enhanced training quality so

that maximum eligible beneficiaries can benefit from the initiative.

The Deputy Commissioner assured full cooperation in strengthening skill development initiatives under UMEED/NRLM to foster self-employment opportunities, promote women empowerment and accelerate socio-economic development across Ramban district.

## District Admin Reasi observes Safer Internet Day

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JAMMU, FEB 10

The District Administration Reasi today observed 'Safer Internet Day 2026' by organising a Mega Awareness Workshop on the theme "Stay Alert in the Age of AI: Safe and Responsible Use of Artificial Intelligence." The workshop was aimed to promote safe and responsible use of the internet and Artificial Intelligence, raise awareness about emerging online threats and encourage cyber hygiene, particularly among students.

The programme was organised as part of a nationwide initiative of the Ministry of Electronics and Information Technology (MeitY) under the Information Security Education and Awareness (ISEA) Project. Safer Internet Day is observed globally on the second Tuesday of February, which fell on February 10 this year.

Deputy Commissioner Reasi, Nidhi Malik, was the Chief Guest on the occasion.

Addressing the gathering, the Deputy Commissioner said that in today's digital-first world, the internet has become an indispensable part of daily life; however, cybercrime is becoming increasingly common, with scammers deliberately targeting the younger generation, one of the most active user groups of digital platforms.

She cautioned that unknowing sharing of personal information on social net-



working sites, online gaming platforms and digital applications can lead to identity theft, data misuse and exposure to harmful elements, a growing concern among students. She described cyberbullying as a serious issue, noting that online harassment is a major cause of stress, anxiety, depression and behavioural changes among young users.

Highlighting the rapid spread of misinformation and fake news, she stated that lack of digital literacy often makes it difficult for students to identify and verify misleading content, thereby increasing the risk of manipulation.

Emphasising ethical, informed and responsible use of the internet and Artificial Intelligence, she underlined the importance of parental monitoring, guided usage for educational purposes and continuous awareness. Drawing attention to the mis-

use of AI by cyber criminals through phishing, malware, fake audio and video calls and OTP fraud, she remarked that cyber threats are becoming increasingly sophisticated with technological advancement.

"Better to be safe than sorry," she said, urging students and participants to adopt secure digital practices and act as digital ambassadors by spreading awareness about cyber safety within their families and communities.

The workshop was conducted in hybrid mode, connecting participants from 52 schools across the district through smart classrooms virtually linked to the main venue. This digital integration enabled the participation of nearly 1,500 students and staff members simultaneously. The session was conducted by Asheesh Kumar Dogra, District Informatics Officer, Reasi, who served as

the Resource Person. He highlighted the vast opportunities as well as the challenges of the present IT era. The workshop covered key aspects including cyber hygiene; identification of cyber threats such as phishing, malware, identity theft and digital arrest scams; best practices for data protection and secure online transactions; responsible use of the internet and social media; safeguarding digital identities; and Government initiatives related to cybersecurity and digital privacy. Emphasis was laid on preventive measures for the safe and responsible use of the internet and Artificial Intelligence.

Educators and parents were urged to sensitise students about the importance of strong passwords and privacy settings, avoiding excessive sharing of personal information, promoting positive online behaviour, discouraging cyberbullying and strengthening students' ability to fact-check information and identify fake news for secure digital engagement.

Speaking on the occasion, Additional Deputy Commissioner, Reasi Rakesh Kumar highlighted the growing incidence of online financial scams and identity theft, sharing relevant case studies to sensitise participants. He stressed that with the increasing shift towards paperless governance and digital transformation, initiatives like Safer Internet Day play a crucial role in building a cyber-aware and digitally resilient ecosystem.

## Safer Internet Day: District Administration Jammu holds awareness session on digital safety



JAMMU, FEBRUARY 10: District Administration Jammu today organised an interactive awareness session on Safer Internet Day at the district headquarter, emphasising the importance of digital hygiene and cyber safety among government officials.

The event was inaugu-

rated by Additional District Development Commissioner, Sher Singh with Additional Deputy Commissioner Ansuya Jamwal gracing the occasion as special guest. The session witnessed participation from district officers and staff members. The awareness programme was led by Dis-

trict Informatics Officer and Director IT, Sanjeev Kapoor, who delivered a presentation on critical aspects of internet safety and digital practices.

Speaking on the occasion, he highlighted how deeply integrated internet and technology have become in today's workplace, stressing

the crucial need to continuously update and upgrade our digital skills.

He elaborated on various cyber threats including phishing and phishing techniques used by scammers to defraud unsuspecting users. The session also covered essential topics such as social media etiquette, safe handling of official communications and documents and maintaining digital discipline in professional settings. Concluding the event, ADC, Ansuya Jamwal thanked all participants and emphasised that continuous learning and adoption of safe digital practices are imperative in today's technology driven environment.

## Free medical camp organised at PHC Gangal in Chowki Choura

HIMALAYAN MAIL NEWS  
JAMMU, FEB 10

Cross Swords Gunners under the aegis of White Knight Corps of Indian Army in collaboration with the Sub-Divisional Administration, Chowki Choura organized a free medical camp at PHC Gangal near Chowki Choura, Akhnoor.

The camp extended essential medical services to more than 500 residents, including general health check-ups, consultations with specialist doctors from J&K Health Services, distribution of free medicines, diagnostic tests and awareness sessions on preventive healthcare. Army medical teams, equipped with mobile units, provided treatment for common ailments and chronic conditions, ensuring timely care



to underserved communities, including Bakerwals and ex-servicemen.

Sub-Divisional Magistrate Chowki Choura, Ankush Hans, Tehsildar and representatives from Panchayat Gangal lauded the camp's role in bridging healthcare gaps in hilly terrains. The event highlights the Indian

Army's ongoing Sadbhavna (Goodwill) initiatives, which prioritize public health, education and infrastructure development in Jammu and Kashmir. Similar medical camps are planned in other remote panchayats and further strengthen Army-civilian cooperation.

## JMC Commissioner reviews cleanliness, orders strict enforcement

HIMALAYAN MAIL NEWS  
JAMMU, FEB 10

The Commissioner of Jammu Municipal Corporation (JMC), Dr. Devansh Yadav today conducted an extensive inspection tour of Ward Nos. 12, 13, 14 and 19, covering the areas including Gumat Bazaar, Bhagat Singh Chowk Jewel, Dogra Chowk, M.A Stadium, Science College, Canal Head, Mohinder Nagar, Maheshpura Chowk and adjoining localities.

During the inspection, Dr. Yadav comprehensively reviewed the sanitation scenario, assessing the cleanliness of roads, streets, drains and other public spaces. He also evaluated the progress of ongoing development works and examined the availability, functionality and upkeep of civic amenities being provided to residents. Emphasizing the need to maintain high standards of hygiene and pub-



lic health, the Commissioner directed the concerned officials to ensure regular door-to-door garbage collection, effective waste segregation and timely desilting and cleaning of drains to prevent waterlogging and potential health hazards. As part of the drive, illegal encroachments and unauthorized stalls obstructing footpaths and roadways were removed to restore public spaces and ensure smooth

movement of pedestrians and vehicles. Dr. Yadav instructed enforcement teams to remain vigilant and take strict action against repeated violators to prevent re-encroachment. Interacting with officials and field staff on the spot, the Commissioner stressed the importance of inter-departmental coordination, enhanced ward-level monitoring and the effective execution of sanitation initiatives. He underlined that cleanliness drives should be a continuous process rather than being confined to special campaigns. Dr. Yadav also appealed to citizens to actively cooperate with the Jammu Municipal Corporation by adopting responsible waste disposal practices and refraining from encroachments. He reiterated JMC's unwavering commitment to making Jammu a clean, organized and citizen-friendly city.

## DC Doda reviews performance of Health Deptt

HIMALAYAN MAIL NEWS  
JAMMU, FEB 10

Deputy Commissioner (DC) Doda, Harvinder Singh today chaired a review meeting of the Health Department at Conference Hall, DC Office Complex, Doda.

The meeting was convened to assess the overall performance of the Health Department, review the progress of ongoing schemes and examine the utilisation of funds across various health-related

components in the district.

During the meeting, detailed deliberations were held on all key health indicators, with special focus on improving service delivery, strengthening primary healthcare institutions and ensuring better health outcomes for the public.

The Deputy Commissioner Doda conducted a sector-wise review and sought updates on achievements, existing gaps and challenges faced during implementation.

He stressed the need for optimal utilisation of

funds, timely completion of works and strict adherence to prescribed guidelines.

He directed the concerned officers to adopt a result-oriented approach, strengthen monitoring mechanisms and promptly address bottlenecks hampering progress.

The agenda of the meeting also included a thorough review of the National Health Mission (NHM), TB Mukt Panchayats, development works under the District Capex and UT Capex, Nikshay Poshan Yojana, Vaya Vandana Scheme and

the implementation status of various Centrally Sponsored Schemes (CSS).

Officers briefed the chair on the physical and financial progress of ongoing works, along with timelines for completion.

Emphasising accountability and inter-departmental coordination, the Deputy Commissioner Doda urged the Health Department to ensure that the benefits of government schemes reach the grassroots level, particularly in remote and underserved areas of the district.

## UTHALA / PRAYERS / PAGRI

With heavy heart and deep sorrow within all of us, we regretfully inform the sad passing away of our beloved Smt Santosh Sharma, Ex Head Mistress and W/o Late Shri Baldev Sharma, Ex MLA R/o 28-C, C/D, Green Belt Park, Gandhi Nagar, Jammu, J&K on 31.01.2026 morning.

In her fond memory and as a part of her spiritual journey, UTHALA / PRAYERS MEETING / RASAM PAGRI at Panch Mandir (Mangleshwar Mandir) B/D Block, Green Belt Park, Gandhi Nagar, Jammu shall be held on 11.02.2026 (Wednesday) from 4 pm to 5 pm

### IN GRIEF:

SON - Amit Sharma, IAS, Government of India, MHA Director Census Operations, Jammu & Kashmir and Ladakh

**BHABHI & JETH** - Lt Smt Mahalaxmi and Lt Shri Hari Ram Sharma, IAS

**BHABHI & JETH** - Lt Smt Raj and Lt Shri Inder Dev Sharma, IAS

**BHABHI & DEVAR** - Smt Veena and Shri Surendra Kumar Sharma, Retd Chief Engineer

**BHABHI & BROTHER** - Lt Mrs Rukmani and Lt Shri Madan Lal Sharma, Sadar Treasury Officer

**BHABHI & BROTHER** - Smt Kanta and Lt Shri Sat Pal Sharma (State Motor Garages)

**BHABHI & BROTHER** - Smt Rani and Lt Dr Krishan Lal Sharma, Joint Director, Animal & Sheep Husbandry Department

**BHABHI & BROTHER** - Lt Smt Prem and Lt Shri Shiv Kumar Sharma, Dy Director Agriculture Department

**BHABHI & BROTHER** - Smt Chanchal Sharma and Shri Vijay Kumar Sharma, Ex Indian Air Force Officer



Smt Santosh Sharma

### ALL NEARS, DEARS & LOVED ONES

RSVP: 9419102220, 7006514723