



## J&K wins 3rd Federation Cup Goal

HIMALAYAN MAIL NEWS  
JAMMU, FEB 05

Jammu and Kashmir won the title trophy of the 3rd Goal Shot Ball Federation Cup which was organised by Goal Shot Ball Association of Tamil Nadu.

The gold winning team called on the senior IAS officer and Chief Election Commissioner J&K, Sanjeev Verma, who felicitated the medal winners and amidst appreciation for the J&K Association.

Led by Chandan Singh as Captain, J&K defeated Maharashtra in the final. Other members of the winning team included Sanjay Manhas, Gourav Sharma, Vikas Sharma and Rohit Vadan.

The felicitation of the



team was also joined by senior vice president of the Association and prominent businessman, Rajesh

Langer.

He lauded the contributions of Association general secretary, Ashutosh

Sharma and vice president, Rahul Sharma, present on the occasion, for promoting the game in the UT.

## Delhi Capitals post 203/4 against RCB, the highest in a WPL final

VADODARA, FEB 05:

Delhi Capitals (DC) displayed a strong batting performance as they posted 203/4 in 20 overs against the defending champions Royal Challengers Bengaluru (RCB) in the high-voltage final of the Women's Premier League (WPL) 2026.

Asked to bat first, Jemimah Rodrigues-led Capitals also smashed the highest-ever team total in the final of WPL history.

Rodrigues top-scored with 57, followed by Laura Wolvaardt (44) and Chinelle Henry (35\*).

The Delhi Capitals were off to a cautious start, scoring just 9/0 in three runs. However, Lizelle Lee and



Shafali Verma shifted gears as the Capitals reached 36/0 after five overs.

Speedster Arundhati Reddy got the much-needed breakthrough after she dismissed Verma during the fifth ball of the sixth over.

Reddy dismissed the Delhi opener for 20 off 13 balls, with three fours. She also broke the 53-run stand for the opening wicket.

During the third ball of the eighth over, Nadine de Klerk dismissed wicket-

keeper-batter Lee for 37 off 30 balls, with three fours and three sixes, as Capitals reached 74/2.

After the end of 10 overs, Delhi scored 94/2, with captain Jemimah Rodrigues and Laura Wolvaardt steadying the ship for their side.

Jemimah and Wolvaardt continued their domination over Bengaluru overs as Delhi made 113/2 after the end of 12 overs. The Delhi captain slammed her century in 32 deliveries during the fifth ball of the 15th over.

The thirty-two-ball fifty by Rodrigues is the second quickest in WPL playoffs behind Nat Sciver-Brunt's 29-ball fifty against GG-W in last year's eliminator.

## Intense clashes mark day -2 of Junior Cricket Championship at Kathua

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The Junior Cricket Championship organised by the District Administration Kathua, in collaboration with the Excise Department, continued with great enthusiasm on the second day here at the Kathua Stadium.

The tournament, part of Kathua Cricket League, aims to promote sportsmanship among youth and support Nasha Mukta Bharat Abhiyan.

Two matches were played today, drawing keen interest from sports enthusiasts and local spectators.

In the first match, Lakhampur took on Nagri. Lakhampur won the toss and opted to bowl first, restricting



ing Nagri to 47 runs. Lakhampur chased the target comfortably within three overs to register a convincing victory.

The second match saw a competitive encounter between Sallan and Billawar.

Batting first, Billawar posted a total of 118 runs. In reply, Sallan was bowled out for 78 runs, handing Billawar a well-earned win.

With these results, Lakhampur and Billawar have qualified for the semi-

finals, scheduled to be held tomorrow.

The championship continues to generate enthusiasm among players and spectators, reinforcing the message of healthy living and youth engagement through sports.

## Poonch remembers Hockey coach Sham Lal



HIMALAYAN MAIL NEWS  
JAMMU, FEB 05

Hockey fraternity of district Poonch today remembered the contributions of former SAI Hockey coach, Late Sham Lal Sharma for the promotion of Hockey in Jammu and Kashmir.

A special event was organised at Hockey Stadium in

memory of Sham Lal Sharma wherein special guest, Deputy Commissioner Poonch, Ashok Kumar presented sports kits and equipments to the budding hockey players of Sham Lal Hockey Club, Power House Hockey Club, Khelo India Centre and PMDP Hockey Centre.

The DC Poonch appreciated the efforts on part of

the Sham Lal Hockey Club and family of late coach in extending support to those young lot of the players. He was joined by ACR Poonch and district (DYSS) officer Poonch, Mohd Qasim as guests.

Other prominent present were Sanjeev Kumar, Aftab Ganie, Surjan Singh, Manjeet Singh (ZPEO), Sanjay Misiri, Kewal Krishan,

Gurmeet Singh, Molvi Fareed, Ravinder Singh (Pamma), Neeraj Sharma, Sorab Sharma, Salil Raina, Harnik Singh, Vikas Sharma, Parvaiz Ahmed, Imran Shah, Sunil, Rohit and Imtaiz Lone.

The event was technically supervised by hockey coaches, Pawan Kumar, Mukesh Kumar and Saval Ahmed.

## Jaipur Pink Panthers Coach to train J&K Kabaddi team

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JAMMU, FEB 05

The Jaipur Pink Panthers coach, Vinod Kumar shall train the J&K senior men's Kabaddi team on professional lines so as to enhance the performance at the National stage.

The initiative of the J&K Amateur Kabaddi Association has been supported by the J&K Sports Council (JKSC) after a meeting held here today.

This was stated by general secretary of the Association, Dr Kuldeep Gupta in a handout issued here today. However, the modalities of the engagement and duration of the coaching activity are yet to be finalised.

"The induction of a Pro



Kabaddi League coach marks a significant step towards professionalising training methodologies, sci-

entific talent identification, and high-performance preparation of the talented players from the Union Ter-

ritory," said Dr Gupta.

The Secretary JKSC, Nuzhat Gul, as per a statement by the Association, welcomed the collaboration saying that the exposure to elite-level coaching will be instrumental in elevating the standard of kabaddi in the region.

Earlier, during the day, Dr Kuldeep Gupta, accompanied by Vinod Kumar, called on the Secretary JKSC and discussed a comprehensive roadmap for kabaddi development in the UT with focus on the training camp.

Dr Kuldeep added that the initiative aligns with the national vision of Viksit Bharat, where sports play a pivotal role in youth empowerment, discipline, and Nation-building.

## DC inaugurates Cricket Tournament at Ramban

RAMBAN, FEBRUARY 05: Deputy Commissioner Ramban, Mohammad Alyas Khan today inaugurated a Cricket Tournament 2026 here at District Police Lines.

Themed "Say No to Drugs", the event has been organised by the District Youth Services & Sports Department to promote healthy lifestyle and constructive engagement among youth through sports.

The tournament, being held on a knock-out basis, has attracted enthusiastic participation from 16 local teams.

ADC Varunjeet Singh Charak; Ad-



ditional SP Mujeeb-Ur-Rehman; ACR Shokat Hayat Mattoo; Tehsildar Deep Kumar; DYSSO Jagdishraj Sharma and other officers attended the inaugural ceremony.

Speaking on the occasion, the Deputy Commissioner highlighted the importance of sports in channelising the energy of youth towards positive activities.

The ADC stressed the role of sports in keeping youth away from social evils, particularly substance abuse. He urged participants to adopt sports for physical fitness, mental well-being and character building.

## Shaheed Mushtaq Ahmed Memorial Volleyball Tournament begins at Chanderkote

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The 84 Battalion of the Central Reserve Police Force (CRPF) today inaugurated the Shaheed Mushtaq Ahmed Memorial Volleyball Tournament 2026 at Chanderkote, as part of its civic outreach initiative to promote sports and youth engagement in the district.

The CRPF, entrusted with maintaining internal security across the country, is actively deployed in Jammu & Kashmir. The 84 Bn CRPF secures over a 47 km stretch of National Highway-44 in Ramban, a vital lifeline to the Kashmir Valley. Alongside its security duties, the force regularly undertakes social outreach programmes to strengthen its bond with the local community.



Keeping in view the mountainous terrain of Ramban and limited sports infrastructure for youth, the tournament aims to encourage physical fitness, discipline, teamwork and positive engagement through sports.

A total of eight teams from Chanderkote, Dalwas, Batote and Sanasar areas are participating in the knockout competition being

organised under the aegis of Jammu Sector CRPF.

The tournament was formally declared open by Commandant 84 Bn N. Ranbir Singh in the presence of Second-in-Command Vikram Singh. Second-in-Command Arvin Kumar Dixit, Assistant Commandants Roop Ram Meena and Rupesh Kumar, CRPF personnel, players and local youth. The Com-

mandant highlighted the CRPF's contribution to nation-building and motivated participants to adopt sports for a healthy and disciplined lifestyle. On the opening day, Chenab Warriors Chanderkote defeated Sama Brothers Batote (25-06, 25-08), while Team Chanderkote beat Team Dalwas (25-13, 25-21). Sports kits were also distributed among all participating teams.

## SPMR College lifts Wushu Trophy

HIMALAYAN MAIL NEWS  
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Government SPMR College of Commerce today bagged both men and women trophies in the annual inter-college Wushu competitions of the Cluster University of Jammu (CUJ), here.

The Commerce College secured 36 points while second place went to Government MAM College with 31 points and GGM Science College remained third obtaining 21 points. Similarly, in women section, against Commerce College was winner with 15 points, followed by GCW Gandhi Nagar at second place with three



points.

The event, which was organised by Government MAM College, witnessed enthusiastic participation

from affiliated colleges of the CUJ. Sunil Gupta was the special guest, who along with Director Sports CLUJ, Dr Vinod Bakshi interacted

with the participants.

Among other prominent present were Mr Ravi, Nee-lam Chalotra and Kajal Premi.