



DYSS girls Athletics of Jammu begins

HIMALAYAN MAIL NEWS
JAMMU, SEP 25

The Department of Youth Services and Sports (DYSS) organized inter-zone district level athletics meet of Jammu girls across three age groups at Athletics arena on the University of Jammu, here today.

Around 150 young female school going athletes, representing all 14 zones of district Jammu, participated on the opening day of the tournament.

The Results:
UNDER-17 year: 200 mts: Deepshika, Zone Dansal, 1st; Daman Preet Singh, Zone Bishnah, 2nd; Nafisa, Zone Bhalwal, 3rd. 800 mts: Sahiba Choudhary, Zone Dansal, 1st; Sunidhi, Zone Khour, 2nd; Manisah, Zone Satwari, 3rd. 1500 mts: Jagmeet, Zone Dansal, 1st; Vaishno, Zone Jammu, 2nd; Jeevika, Zone Jourian, 3rd. Long Jump: Priyanka, Zone



Akhnoor, 1st; Eshana, Zone Dansal, 2nd; Radhika, Zone Gandhi Nagar, 3rd.
UNDER-14 year: 200 mts: Htishi, Zone Dansal, 1st; Sonam, Zone Satwari, 2nd; Ashiya Zone Jourian, 3rd. 600 mts: Anjali, Zone Dansal, 1st; Arushi, Zone Chowki, Choura, 2nd; Vishali, Zone Miran Sahib, 3rd.
UNDER-19 year: 200 mts: Sonia, Zone Satwari, 1st; Ritu, Zone Khour, 2nd; Khushi, Zone Jammu, 3rd. 800 mts: Ruchi, Zone RS Pura, 1st; Jasmine, Zone Bhalwal, 2nd; Riya, Zone Gandhi Nagar, 3rd. Long Jump: Khushi, Zone Akhnoor, 1st; Khushboo, Zone Bhalwal, 2nd; Neha, Zone RS Pura, 3rd.

NWR, Eastern Region-I reach finals of Team championship in POWERGRID Inter Regional Carrom Tournament -2026

HIMALAYAN MAIL NEWS
JAMMU, SEP 25

On the day two of three day POWERGRID Inter -Regional Bridge Tournament 2026 being played at Chandigarh, North Western Region (NWR) and Eastern Region-I (ER-I) have reached the finals of the Team championship by defeating Western Region-I (WR-I) ,29-1 and Eastern Region-I (ER-I) ,34-16 respectively in the Semi finals of the Team Championship.

In the pairs event nine rounds were held today in which 35 pairs battled. It was a day filled with action as the players tried to outclass each other. Players showcased their strat-



egy and skill to get better off their opponents. Matches under pair event category were being played till filing of this report.

Jammu Youth Run 2026

T-Shirt & Medal Unveiled with a Strong Message on Girls' Safety and Responsible Citizenship

HIMALAYAN MAIL NEWS
JAMMU, SEP 25

Inara Welfare Foundation organised the official T-Shirt and Medal Unveiling Ceremony of Jammu Youth Run 2026, marking an important milestone in the preparations for the upcoming youth-centric running event.

Speaking on the occasion, Mr. Deepak Handa, President, Inara Welfare Foundation, welcomed the distinguished guests and shared a motivating message on girls' safety, empowerment and responsible citizenship. He said, "A society cannot truly progress unless its girls feel safe, respected and free to dream. Safety of our daughters is not only the responsibility of their families—it is the responsibility of every citizen. We must create an environment where every girl can walk, study, work, play and chase her dreams without fear."

He further encouraged the youth to become responsible, aware and compassionate citizens, stressing that meaningful change begins when young people come forward and contribute positively towards society.

Mr. Aman Gupta, Founder, Inara, welcomed all the guests and shared detailed information about Jammu Youth Run 2026, its vision, objectives and various initiatives. He highlighted the run's focus on fitness, youth participation, social awareness, girls' safety and responsible citizenship, and stated that the event aims to bring young people together on a common platform through the power of sports and positive social messaging.

The official Jammu Youth Run T-Shirt was unveiled by Shri Vijay Saraf, Secretary, Amar Singh Club, along with Shri Ajay Gandotra. The specially designed Jammu Youth Run medals were unveiled by Shri Ajay Gandotra and Shri Vikram Sahai, adding to the excitement and enthusiasm surrounding the upcoming event.

The ceremony was also graced by Mr. Anil Gupta, Vice President, Inara, whose continued support and active involvement strengthen the organisation's youth and social initiatives. Mr. Ankur Suri, Vice President, Inara and Owner of Mulkhraj Ashok Kumar Jewellers, also joined the ceremony and extended his support towards the Jammu Youth Run initiative.



His presence reflected the involvement of the Inara team and local community stakeholders in promoting youth-focused initiatives. Ms. Pooja Chouhan, Executive Director, Inara, also joined the occasion and continues to contribute towards the organisation's initiatives with dedication and commitment.

Ms. Nidhi, Principal, Sanfort, was also present at the ceremony. Her presence highlighted the important role of educators and educational institutions in encouraging young people towards sports, fitness, awareness and positive community participation. The event was further graced by Mr. Gaurav Dogra, President, Dogra Ekta Mission, along with his team. Their presence and support added significance to the occasion and reflected

the spirit of collective participation in initiatives focused on youth engagement, social awareness and community development. The programme was hosted by Ms. Sanjeevani Bhardwaj, who conducted the ceremony with enthusiasm and professionalism, ensuring that the proceedings remained engaging and well-coordinated. The collective presence of the Inara team members, distinguished guests, educators, social representatives and community leaders highlighted the spirit of teamwork, unity and collective responsibility behind Jammu Youth Run 2026.

The organisers expressed their heartfelt gratitude to all the dignitaries, Inara members, Dogra Ekta Mission team, partners, supporters, volunteers and participants for their continued encouragement and support towards making Jammu Youth Run 2026 a meaningful initiative for the youth of Jammu.

Udhampur women dominate in JU Cross-Country

HIMALAYAN MAIL NEWS
JAMMU, SEP 25

Two long distance female athletes of district Udhampur dominated in the annual inter-college Cross Country event of the University of Jammu (JU) winning top positions today.

While Diksha of Government College for Women (GCW) clinched gold completing the run in 30.46 minutes, silver went to Anshika Sharma of Government Degree College (GDC) Udhampur with a timing of 31.50 minutes. Third place went to Rajni Sharma (34.11 mts) of GDC Doda.



In total, athletes from 12 affiliated college of JU took part in this event which held on the main campus, here. The event was conducted under the supervision of qualified officials Nirmal Singh (DYSS), Gurcharan Singh (JKSC) and Parveen Kumar. Among those prominent present were Mandeep Singh, Dr. Vimal Kishore, Raj Kumar Bakshi, Ravish Vaid, Vikas Karlopiya, Gagan Kumar, Padam Dev Singh and Jai Bharat.

GCW Udhampur wins JU Kho-Kho trophy

HIMALAYAN MAIL NEWS
JAMMU, SEP 25

Government College for Women (GCW) Udhampur lifted the annual inter-college Kho-Kho trophy of the University of Jammu. The event was organized by the Department of Sports and Physical Education, JU on the campus, here today.

In the final, GCW Udhampur defeated Government Degree College (GDC) Akhnoor 14-08.

The title trophy was presented by JU Football coach and event incharge, Gagan Kumar in the presence of Raj Kumar Bakshi, Vikas Karlopiya, Jai Bhart,



Kukteshi Sharma and Sonu Mehra. Earlier, the event officiated by the technical penal including Anil Sharma, Ajay Gupta, Dheeraj Sharma, Palbinder Singh, Pooja Sharma, Yogesh Kumar and Jagdev Singh.

Cyber X Strikers Crowned Champions of Greenlam Laminates BIG Premier League

SRINAGAR, SEP 25: Cyber X Strikers were crowned champions of the Greenlam Laminates BIG Premier League 2026 after defeating The Real Sultan Sumerbugh by 99 runs in a thrilling title clash at Bakshi Stadium, Srinagar. The Grand Finale was witnessed by Puneet Sharma, Chief Revenue Officer, Greenlam Industries Ltd., as the Chief Guest, while Ajay Singh JKAS, Chief Accounts Officer, Department of Rural Development and Panchayati Raj, Government of J&K, attended as the Special Guest.

The Real Sultan Sumerbugh won the toss and elected to field first, inviting Cyber X Strikers to set the target. Cyber X Strikers produced a powerful batting display, posting an imposing 265/5 in 20 overs.

Chasing 266 for victory, The Real Sultan Sumerbugh fought hard but were eventually bowled out for 166 runs, handing Cyber X Strikers a comprehensive

99-run victory and the championship title. Hinar Malik emerged as the lone warrior for The Real Sultan Sumerbugh, standing tall amid the challenging chase with a superb 80 runs off just 37 balls. His aggressive knock provided a spark to the innings and kept the contest alive despite the mounting required run rate.

Siddharth Mhatre was declared Player of the Final for his outstanding batting performance. He remained unbeaten on 83 runs, playing a crucial role in helping Cyber X Strikers post a formidable total in the title clash.

Among the individual awards, Amir Aziz was named the Best Bowler of the Greenlam Laminates BIG Premier League 2026 for his impressive bowling performances throughout the tournament. Tajamul Baba was declared the Best Batter, while Asif Rasool was named Player of the Tournament for his consistent contribution throughout the competition.



Speaking on the occasion, Puneet Sharma, Chief Revenue Officer, Greenlam Industries Ltd., congratulated Cyber X Strikers on winning the championship and appreciated both finalists for putting up an exciting contest. He appreciated the efforts of the organisers and players in creating a strong sporting platform and said that such tournaments provide

young cricketers with valuable opportunities to showcase their talent. Ajay Singh JKAS, Chief Accounts Officer, Department of Rural Development and Panchayati Raj, Government of J&K, who attended as the Special Guest, congratulated the participating teams and appreciated the sporting spirit displayed throughout the tournament.

He said that sporting events of this scale encourage young people to remain connected with healthy and constructive activities. The final brought the curtain down on an action-packed edition of the Greenlam Laminates BIG Premier League 2026, featuring competitive cricket and memorable performances throughout the tournament. The title clash witnessed an impressive display of batting, bowling and team spirit from both fi-

nalists. The tournament was organised by 92.7 BIG FM in collaboration with the Jammu & Kashmir Sports Council, providing a platform for emerging cricketers from across the region to showcase their skills and compete at a prominent sporting venue.

The tournament was supported by Greenlam Laminates as Title Partner; Excise Department, J&K as Powered By Partner; Directorate of Rural Sanitation, Department of Rural Development & Panchayati Raj, Government of J&K, J&K Forest Department, Qureshi Kabab Corner and Kanwal Spices as Co-Powered By Partners; J&K Bank as Official Banking Partner; Arsh Autos as Auto Partner; Le Delice as Food Partner; JK Sports Time as Streaming Partner; Rising Kashmir as Print Partner; The Country Side Resorts as Hospitality Partner; and Team Ideation as Event Partner.